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Issue 582 December 1-7 2018



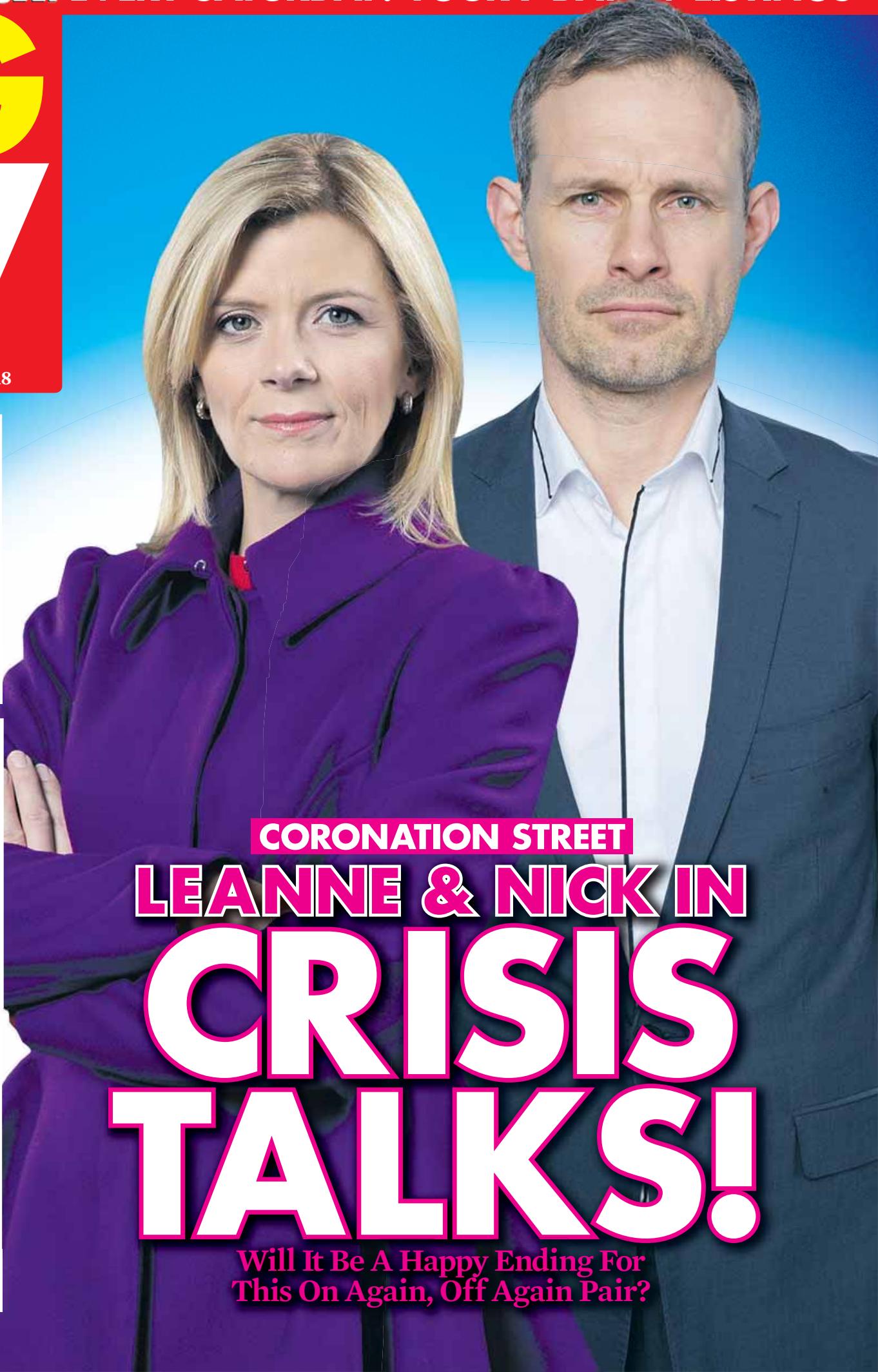
The Boys Are Back!
Jamie And Jimmy Return
With Their Friday Night Feast



Nadiya Hussain Is Cooking Up
Some Treats In Her New Series
Asian Odyssey



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FESTIVE FEASTING

Get your pinny out and the oven on, it's time to get cooking!

As Christmas approaches, we're all rushing around trying to order our turkeys and stock up on Brussels sprouts for the big day dinner.

But if you don't know your mince pies from your yule log, then fear not. Help is at hand with BBC's new series - *The Best Christmas Food Ever*. Two expert chefs Paul Ainsworth and Catherine Fulvio will be showing us step-by-step guides every day on how to impress in the kitchen, alongside a celebrity guest who will also be on hand to help.

Airing weekdays every afternoon for the next two weeks, you won't have any excuses not to get creative with your festive feasts this year.

In the first episode, Paul and Catherine are joined by Martine McCutcheon (right) as we learn the art of roasting the perfect rib of beef, accompanied by the most decadent of desserts - a sticky toffee pudding.

Panto star Christopher Biggins will be on hand on Tuesday to help make delicious bubble and squeak Scotch eggs and an ideal Boxing Day treat of baked ham with spicy balsamic vinegar glaze.

On Wednesday presenter Jay Blades will be in the kitchen to show

us how to conquer a tricky pheasant breast dish with mushrooms and Parmesan polenta along with a whole turbot in champagne sauce - fancy!

In Thursday's episode, Radio 1's Dev Griffin joins Paul and Catherine as they show us what to do when you host a Christmas party - including creating the perfect garlic-infused camembert and a warming chicken casserole.

It's a Christmas turkey alternative on Friday as Debbie McGee joins the chefs to cook up a slow-cooked duck, soups and a definite must-see: fool-proof tips on making sure all your Christmas Day trimmings are delicious. Sounds perfect.

The Best Christmas Food Ever, from Monday, 3.45pm, BBC1



THE SUPERVET AT CHRISTMAS

Noel Fitzpatrick is opening his practice doors to help suffering animals this Christmas. In this special one-off he will help desperate pet owners save their much-loved pooches. First through the doors is a rescue pup from Romania who was born with two dislocated elbows. She can't walk, so Noel hopes an operation will help ease the pain. But it proves much harder than he first thought.

Thursday, 8pm, Channel 4



LOCKERBIE: THE UNHEARD VOICES

We'll be revisiting one of the most significant times in British history in this one-off documentary. In December 1988, just four days before Christmas, a plane travelling to New York exploded over the Scottish town of Lockerbie, killing 259 people on the plane and 11 on the ground below. For the first time, six victims and six survivors speak out about what happened that fateful day.

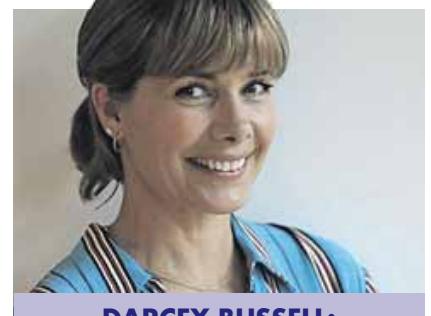
Tuesday, 9pm, Channel 5



FORTITUDE

This week marks the beginning of the end for *Fortitude* as the series comes to a close with just four episodes remaining. How will the inhabitants left in the Arctic town move on and find a peaceful way to co-habit? In the first episode, we'll see Oslo dispatch two new officers to the town to try to bring calm to the anarchy, but they feel very much out of their depth.

Thursday, 9pm, Sky Atlantic



DARCEY BUSSELL: DANCING TO HAPPINESS

We'll be delving deeper into the world of dance with Darcey Bussell tonight as she explores the ways in which dancing can help make people feel happier. Using her own experiences, the former professional ballet dancer will be looking into why dance can really help improve mental health for people of all ages by having a positive affect on both mood and behaviour.

Saturday, 9pm, BBC2



DAVE'S ADVENT CALENDAR

Famous faces from the world of comedy will be giving us an insight into their festive fun in *Dave's Advent Calendar*. In this hilarious new series we'll find out why Romesh Ranganathan hates all Christmas presents while Kerry Godliman tries to change his mind. We'll also hear how Rachel Parris celebrates Christmas Eve and Sally Phillips will tell us how to make a fabulous nativity scene out of sushi.

Saturday, 9pm, Dave

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COOKING UP A STORM

Jamie Oliver returns alongside best pal Jimmy Doherty and a string of all-star guests

Looking for a great way to kick-start your weekend? Jamie Oliver and his pal Jimmy Doherty are back on the box with the sixth series of Channel 4's *Jamie And Jimmy's Friday Night Feast*. It's like the boys have never been away from their café on Southend Pier, as they rustle up tasty new recipes for their diners, including VIP guests who drop by to sample a special dish. Here, Jamie tells us what viewers can expect and why he and Jimmy make the perfect team...

Hi Jamie. You're back!

Yes, it's the sixth series and feels like it's getting better and better as time goes on. It's a nice balance of cooking, celebrities and campaigning. The show has achieved amazing, important things because of a light-hearted little Friday night rant.

We bet you get so many people wanting to be diners in the café...

It's always a massive response. It's just a joy to make – the right show at the right time. People have a little extra spring in their step on Fridays. They shop and cook differently at weekends, when it's more about comfort food and indulgence. We celebrate food in the same way. Plus, we're getting amazing superstar guests.

Including Jodie Whittaker, aka The Doctor, in the first episode...

She was wonderful. What you see is what you get with Jodie. She's a grafter, she's enthusiastic – everything you want her to be. Just like Jessica Ennis-Hill, who's also on this series, our first Dame on the show. As a dad of girls, it's amazing to have these extraordinary female role models on the show.

Actor Danny DeVito also drops by. How was that?

Hilarious. He's a Hollywood legend and came especially to see us at the end of Southend Pier, two hours out of London, for six hours' filming. That isn't normal. But people come because they like what we do and they love food.

What did you cook him?

We go back to his roots in Basilicata, where his grandparents came from. We get pictures in front of his grandparents' old house with the town's mayor. The mayor's also the local baker and the deputy mayor makes olive oil and wine. Every morsel of food cooked in the café that day was from the town where his family comes from. We got a traditional pasta shape and a recipe that his grandparents would definitely have cooked. We had archive pictures on the walls. He was genuinely moved.



How's Jimmy doing?

He's so good. I've got the advantage of having grown up with him since the age of two, so I know him inside out. He's a farmer, a butcher and nobody on the planet travels to as many farms and food businesses around the world as he does. Combine that knowledge with my cooking and we're a really good twosome.

Is he going to be your best man? Because we hear you are getting married again...

Yeah! Me and Jools are going to renew our vows to celebrate our 20th anniversary [in 2020]. We don't get out much or have too many parties, so we thought we'd give it a go. She loves the idea and thinks it's romantic. I think 20 years is a massive achievement. And if we get to 40 years, we'll do it again.

Jamie And Jamie's Friday Night Feast, Friday, 8pm, Channel 4

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ASIAN ADVENTURES

Nadiya Hussain is off on a journey like no other as she explores Cambodia and Thailand

Nadiya Hussain is off on an adventure in this new series exploring Cambodia and Thailand after discovering that some of her DNA comes from those countries.

The *Bake Off* star will be exploring incredible areas of the world to unearth some of her family roots. Her grandparents were from Bangladesh but she doesn't know where her great-grandfather came from before that, so Nadiya's off on a journey of discovery.

She begins in Siem Reap in the north of Cambodia, and the Buddhist temple complex of Angkor Wat.

Away from the temples she then comes across ancient villages, still inhabited by hundreds of people, and discovers that there's more to the area than meets the eye.

She meets a family who are struggling to survive in a village with no roads or sanitation. They earn just a few dollars a day cleaning the temples. But one of the daughters has been lucky enough to have been granted a place at a prestigious pastry school run by a charity, which Nadiya goes to visit.

Nadiya travels to Cambodia



She meets the local families...

The school has been created to help women in the area – training them in pastry-making so they leave with the chance of a job. Nadiya steps in to teach them one of her own favourite recipes – Paris-Brest.

After her baking school visit Nadiya heads out to the markets to explore the local ingredients of Cambodia, including palm sugar. Intrigued, she wants to learn more about how it's created.

Nadiya then visits a sugar palm farm where she meets a local grandfather who climbs trees all day to collect the tree sap used to create the sugar. The sap is boiled before it's beaten to create a thick paste, a tough process, especially when one kilo only makes the famers one dollar.

After this epic trip, Nadiya is off to explore more of Cambodia, including its floating communities, before heading to Thailand to sample some local cuisine and meet some more extraordinary people.

And there's no doubt she loves every minute of it, even eating the tasty local speciality, cricket nachos!

Nadiya's Asian Odyssey, Monday, 9pm, BBC1



...and tastes the cuisine



The judges get set for the live final

AND THE WINNER IS...

As The X Factor crowns its champ, which judge will have reason to celebrate?

It's time for *The X Factor* finalists to face the music, as the 2018 live final kicks off and the winner is revealed. The final – which is bound to have some memorable performances, as well as the traditional all-star duets – will take place at Wembley Arena and it's not just viewers at home who are excited.

Here, this year's judges and real-life married couple, Robbie and Ayda, reveal why they think their acts are champion material and why they've loved being part of the series.

Hi guys. It's the grand final. Do you think your category has what it takes to win?

Robbie: I truly believe that my girls, Acacia and Aaliyah, absolutely have what it takes. They're cool, they have that pop star magic, and they blew me away in their first audition and have continued to deliver throughout the series.

Ayda: I loved my category this season and all of the incredible acts that I got to work with. Danny definitely has what it takes, he's got that fearlessness and obviously he is incredibly talented.

What has been your standout moment from the series so far?

Robbie: This is a really hard question as there have been so many amazing moments, but I'd have to say Janice Robinson's audition. It was an incredibly powerful performance and the song really resonated with me. It's a track I've loved for years.

Ayda: There have been so many amazing moments! Danny's audition was such a big moment because we were all so shocked when he took the microphone and sang the track from *Dreamgirls*. Robbie and I both stood

up and the audience just went absolutely crazy. I mean Simon's face said it all – we were blown away.

Would you go back and change any of the decisions you've made during the series?

Robbie: I wouldn't change a thing. Being a judge on *The X Factor* has honestly been the best thing I've done in show business, hands down. Admittedly, I wasn't prepared for how much I'd fall in love with the contestants, but a bond really forms, so the Sunday elimination shows are tough. It's so hard when you lose an act.

Ayda: I honestly don't know if I would change anything. Coming into this experience I was so nervous because this is a huge job – I take helping people reach their dreams and goals very seriously – and I hope that my contestants could feel that from me throughout the process.

What have you learnt about your fellow judges?

Ayda: Simon's even more competitive than you think and is a master of this job. Louis has a big heart and even bigger Instagram following. Robbie? I knew everything about him already!

Robbie: People say don't work with your partners but it's been amazing working with my wife, it's like going to work with my best friend. But she is very competitive, which has been interesting. As for Simon, when I first met him back in 1993 I was terrified of him and really interested in him at the same time. Working with him on the show has been great. He's a visionary, a genius and he's unique. As for Louis, he's a great lad, got great taste in music and it's been brilliant to get to know him better.

The X Factor, Saturday, 7.30pm, ITV

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SOAP CHAT



AS LEANNE AND NICK LOOK SET TO REUNITE, CORRIE ACTRESS JANE DANSON TEASES WHETHER THEY'LL FINALLY GET THEIR HAPPY ENDING

LEANNE RECENTLY FOUND OUT ABOUT NICK'S SECRET WIFE, ELSA. HOW DID SHE FEEL?

Initially, Leanne was surprised. Once she is told that there isn't any love there and Nick married her as a spur of the moment kind of thing, it reassures her. But Leanne tells Nick that they've got to be honest with each other if they are to move forward. It's a case of can they move forward and will everything work out?

BUT ARE THERE STILL SPARKS FLYING BETWEEN LEANNE AND NICK?

I think they are quietly flickering away. Leanne is trying to suppress it because she doesn't want to get hurt again. Nick walked out on her at a vulnerable time, but they've been sweethearts since teenagers. I think they will always have a love for each other.

SHONA DECIDES TO PLAY MATCHMAKER BETWEEN THE PAIR THIS WEEK. WHY DO YOU THINK LEANNE'S SO DRAWN TO NICK?

There's a continuity with Nick. They have a history and with that history there's safety. Leanne feels like it's easy with him and safe. I think given the fact that she was so seriously injured she feels she has that support in Nick. Nick knows Leanne, he's seen her at her worst and at her best. A sign of true love I think.

THIS WEEK NICK MEETS WITH ELSA TO DISCUSS DIVORCE PROCEEDINGS...

That shows commitment from Nick's part. He's ready to be with Leanne and sacrifice his financial situation and his business to be with her.

DO YOU THINK THEY CAN EVER GET THEIR HAPPY EVER AFTER?

I hope so because I think each time you break up the relationship dilutes a little bit more. Leanne and Nick have been on and off for such a long time that hopefully they can build their relationship and raise Oliver together.



Sinead opens up to Billy



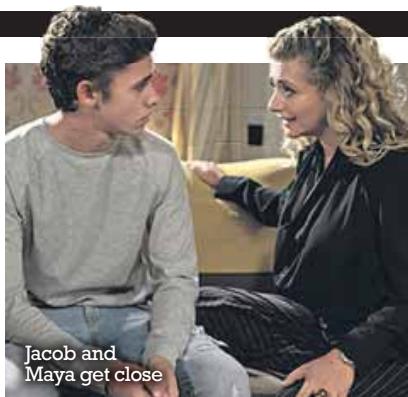
Sinead talks to the husband of another cancer patient



Fiz tells Tyrone the news



Alfie with Hayley



Jacob and Maya get close

CORONATION STREET WEEKDAYS, ITV

WILL SINEAD'S SECRET BE REVEALED AFTER SHE CONFIDES IN BILLY?

Still struggling to cope, Sinead is forced to mask her guilt when Daniel thanks Steff for helping his wife through chemo. And she's later left majorly confused when she spots Ken handing Carla a bundle of cash. But the pair get a welcome distraction when they go to the hospital for their scan. Later in the week, an emotional Sinead confesses to Billy about the web of lies she has created. Will Billy tell Daniel the truth?

Elsewhere, Shona decides to play matchmaker between Leanne and Nick and locks them in the café to talk and make amends – just as Toyah and Imran get passionate again. When Leanne arrives back at the flat with Nick in tow, Imran is forced to hide on the balcony as Toyah locks herself in the bathroom. Will Leanne and Nick discover what they've been up to?

Plus, as Hope's behaviour worsens, Fiz is forced to accept that she needs help and agrees to move to Birmingham so that she can attend a special school and Eileen discovers £5,000 stashed in her house.



Mandy starts to worry

EASTENDERS MON, TUE, THU, FRI, BBC1

ALFIE COMES FACE-TO-FACE WITH HAYLEY AND HER BABY

Kat is stunned to discover that Alfie is back in Albert Square to win her back. But Jean is even more surprised and does her best to get him to leave so that he won't see Hayley and the baby. Unfortunately, it doesn't go to plan and at the Slaters' party Alfie is left openmouthed when he discovers that the baby he is holding is Hayley's! Later in the week, Jean has had enough and demands Alfie tells Kat the truth – or she will. How long will it be until Hayley's secret is exposed?

On the other side of the Square at Walford East, Mel is waiting for Ray to turn up for their date. Spotting an opportunity, Ian heads over to try to impress Mel, but then Ray arrives. It's not long before Mel is hot on Ray's heels, following him to see what he's up to – and later she has another bombshell for Maddie. What will the women do next?

In other news, Billy tries to meddle in Honey and Adam's relationship once more and Tiffany is caught out by Bernadette and is soon trying to make amends.

EMMERDALE WEEKDAYS, ITV

MAYA AND JACOB KISS – BUT WILL THEY TELL DAVID?

After David and Maya discover that Jacob has been lying about his relationship with Liv, David begins to question his son and why he has been making up that he's in a relationship. After he storms off in a strop, Maya offers to talk to him instead. Asking him whether he lied to make her jealous, Maya finds herself leaning in for a kiss with Jacob, before fleeing, horrified by what she has instigated. Knowing she could lose her job and more if anyone finds out what happened, she swears Jacob to secrecy and plans to move out. But later, guilt gets the better of the pair and they agree that they need to tell David what has happened. Will they be able to confess?

Meanwhile, as Bob settles back into life with Brenda, the twins are hoping for a romantic reconciliation between the pair. Is that really on the cards?

Also this week, Cain questions whether he should tell Debbie the truth about what happened to Joe, Paddy makes an emotional gesture towards Chas, and Daz makes a potentially dangerous decision that could have awful consequences.

HOLLYOAKS WEEKDAYS, CHANNEL 4

MANDY PANICS AS SHE THINKS SHE'S LOSING HER BABY

Mandy's week starts off well when she bags £200 on a scratch card. But soon it's in Darren's hands, who heads to the casino night at The Loft – before lying to Mandy. After a tense time in the mediation room, Nancy discovers a worried looking Mandy in the toilets – who confides that she thinks she's losing the baby. When neither of them can get hold of Darren, Nancy goes with Mandy to the hospital and the pair await the news. Soon, Mandy is told something worrying has come back in the tests...

Meanwhile, Sienna hopes for a chance to observe a class but has been bitten off more than she can chew when Juliet takes advantage when Sally leaves Sienna in charge?

Elsewhere, tensions rise between Grace and Misbah when Misbah finds a taser in her cupboard, leaving Grace grovelling and trying to explain.

Plus, Cindy returns and is shocked to find Donna Marie has moved into her house, Lily turns on the charm and tries to seduce Prince and Kyle and Nancy share a moment.

BBC1

6.00 Breakfast **10.00 Saturday Kitchen** Live. Matt Tebbutt is joined by Tom Parker Bowles and Angela Hartnett and special guest Rick Astley. **11.30** Classic Mary Berry. Recipes inspired by the great outdoors. **(R) 12.00** Football Focus. Dan Walker and guests review the week's headlines. **1.00 BBC News, Weather** **1.15** Live Snooker: UK Championship. Coverage of the fourth day at the Barbican Centre in York, featuring matches in the last 64 of the prestigious ranking tournament. Coverage continues on BBC Two. **4.30** Final Score. Jason Mohammad presents a round-up of football results. **5.25-6.00** The Time It Takes. Kimberley Wyatt tries to do a three-point turn in a tractor.

6.00 BBC News, Weather**6.10 Local News, Weather****6.15 Pointless Celebrities**

Quiz show, presented by Alexander Armstrong and Richard Osman.

PICK 7.05 Strictly Come DancingOnly six couples remain in the running in Musicals Week, as Tess Daly and Claudia Winkleman invite the pro-celebrity duos back to the studio for another round of performances. *See Ones To Watch.***PICK 8.10 Michael McIntyre's Big Show**An evening of entertainment, recorded live at London's Theatre Royal, with guests Rita Ora, Michael Bublé, Eamonn Holmes and Ruth Langsford. *See Ones To Watch.***9.15 Casualty**

Duffy diagnoses herself with dementia after she suffers a serious fall and, after a hard day, lain seeks comfort.

10.00 BBC News, Weather

All the latest headlines.

10.20 Match of the Day

Gary Lineker hosts highlights of the latest Premier League matches, which included champions Manchester City v Bournemouth at the Etihad Stadium and Southampton v Manchester United at St Mary's Stadium.

11.45 The NFL Show

Mark Chapman is joined by Osi Umenyiora and Jason Bell for highlights of Dallas Cowboys versus New Orleans Saints.

12.20-6.00 BBC News. Catch up with the latest headlines. Plus, weather.**BBC2**

6.25 Top Class (R) **6.55 All Over the Place: Europe** **7.25 Wild & Weird** **7.40 Show Me What You're Made Of** **8.10 Got What It Takes?** **9.00 Super Smart Animals** (R) **10.00 Natural World.** The bond between animal mothers and their babies. (R) **11.00 Homes Under the Hammer** (R) **12.00 A Cook Abroad:** Tony Singh's India. The chef travels to the state of Punjab. (R) **1.00 Escape to the Country.** A couple hoping to move to rural south Somerset. **(R) 2.00 Live International Rugby Union.** Barbarians v Argentina (kick-off 2.30pm). **4.30 Live Snooker: UK Championship.** Continued coverage of the fourth day at the Barbican Centre in York. **5.30-7.30 FILM: McFarland, USA** (2015) Fact-based drama, with Kevin Costner and Ramiro Rodriguez.

7.30 Life in the Snow

Gordon Buchanan goes in search of animals that live in snowy conditions and have adapted to survive in cold weather, including polar bears, penguins, owls, wolverines and reindeer. (R)

8.30 Dad's Army

Sgt Wilson struggles to concentrate on his duties. (R)

9.00 Darcey Bussell: Dancing to Happiness

The Strictly judge

meets people who use dance

as therapy to see if it works,

as part of her mission to

improve the state of the

nation's mental health.

10.00 QI XL

Sandi Toksvig hosts as Sara Pascoe, Stephen K Amos and Jason Manford compete.

10.45 Snowfall

With resentment between Franklin and Kevin reaching a head, something has to give. Contains very strong language and prolonged violence.

11.30 Live at the Apollo

A female-only special of the comedy show, showcasing some of the funniest women to have graced the stage. (R)

12.15 Snooker: UK Championship. Hazel Irvine presents highlights of the fourth day at the Barbican Centre in York. **1.05 Snooker: UK Championship Extra** **3.05-6.45 This Is BBC Two****ITV**

6.00 CITV **7.30 Scrambled!** Scrambled! Two hours of children's fun. **7.35** Scrambled! The Tom and Jerry Show (R) **7.50 Scrambled! The Powerpuff Girls** (R) **8.10 Scrambled! ToonMarty** (R) **8.30** Scrambled! Robozuna **9.05 Scrambled!** Mighty Magiswords! (R) **9.25** ITV News **9.30** James Martin's Saturday Morning **11.40** Gino's Italian Coastal Escape (R) **12.10** The X Factor (R) **1.15** ITV News, Weather **1.30** ITV Racing: Live from Newbury. Coverage of today's race meetings at Newbury and Newcastle. **4.00** Catchphrase. Guessing game, hosted by Stephen Mulhern. (R) **4.45** ITV News **4.55** Local News **5.05-7.30** FILM: Star Wars: Episode III – Revenge of the Sith (2005) Sci-fi adventure prequel, with Hayden Christensen.

PICK 7.30 The X Factor FinalWeeks of auditions, boot camps and tense on-stage showdowns draw to a close with the first instalment of the talent show's grand final. Before the winner is announced, the remaining acts face another stand-off, as the judges deliver their verdict on each act's performance. As ever though, their decisions are not the only thing that will determine who emerges as the champion, with the public vote to follow. *See Ones To Watch.***9.30 I'm a Celebrity... Get Me Out of Here!** Declan Donnelly and Holly Willoughby host as the second week in camp draws to a close, with the residents likely to feel jaded as another Bush Tucker Trial appears on the horizon.**10.30 ITV News, Weather****FILM 10.50 Jaws** (1975) A New England seaside town's tourist season is turned into a nightmare by a giant killer shark. The local police chief's efforts to protect the public are thwarted by the greedy mayor, forcing him to join forces with a grizzled fisherman and an enthusiastic marine biologist to hunt and kill the monster predator. Steven Spielberg's thriller, starring Roy Scheider and Robert Shaw.**1.10 Jackpot247.** Live interactive gaming. **3.00 Paul O'Grady: For the Love of Dogs** (R) **3.25-6.00** ITV Nightscreen

6.10 Mobil 1: The Grid **6.40 Motor Sport: FIA Rallycross World Championship** **7.35** Everybody Loves Raymond (R) **8.00** Everybody Loves Raymond (R) **8.25** Frasier (R) **8.55 Frasier** (R) **9.25** The Big Bang Theory (R) **9.55** The Big Bang Theory (R) **10.20** The Big Bang Theory (R) **10.50** The Simpsons (R) **11.20** The Simpsons (R) **12.20** Come Dine with Me (R) **1.20** Four in a Bed (R) **1.55** Four in a Bed (R) **2.25** Four in a Bed (R) **2.55** Four in a Bed (R) **3.30** Four in a Bed (R) **4.00** A Place in the Sun (R) **4.30** Location, Location, Location. A ballet dancer and his brother search for a new home in north-east London. (R) **5.30-6.30** Kirstie's Handmade Christmas. Kirstie Allsopp applies her craft skills to the festive season. (R)

Channel 4

6.00 CITV **7.30 Scrambled!** Scrambled! Two hours of children's fun. **7.35** Scrambled! The Tom and Jerry Show (R) **7.50 Scrambled! The Powerpuff Girls** (R) **8.10 Scrambled! ToonMarty** (R) **8.30** Scrambled! Robozuna **9.05 Scrambled!** Mighty Magiswords! (R) **9.25** ITV News **9.30** James Martin's Saturday Morning **11.40** Gino's Italian Coastal Escape (R) **12.10** The X Factor (R) **1.15** ITV News, Weather **1.30** ITV Racing: Live from Newbury. Coverage of today's race meetings at Newbury and Newcastle. **4.00** Catchphrase. Guessing game, hosted by Stephen Mulhern. (R) **4.45** ITV News **4.55** Local News **5.05-7.30** FILM: Star Wars: Episode III – Revenge of the Sith (2005) Sci-fi adventure prequel, with Hayden Christensen.

6.30 Channel 4 News

Including sport and weather.

7.00 Britain's Most Historic Towns

Alice Roberts tells the story of the Regency period by studying the history of Cheltenham, Britain's most Regency town, investigating the rigid social hierarchy of the age.

8.00 Secrets of China's Forbidden City Documentary exploring the palace that housed Chinese emperors, revealing conservation work and how the structure was built to withstand earthquakes. (R)**FILM 9.00 Mission: Impossible – Rogue Nation** (2015)

The team of secret agents faces being shut down when the head of the CIA convinces the US Senate that it is too dangerous. The operatives of the Impossible Mission Force become fugitives when they defy orders and plot to bring down a shadowy society of assassins. Spy thriller sequel, starring Tom Cruise, Jeremy Renner and Simon Pegg.

FILM 11.35 Hail, Caesar!

(2016) Premiere. An executive in 1950s Hollywood has to contend with the kidnapping of the leading man from the set of a film. Comedy, with Josh Brolin.

1.25 Ministry of Justice (R) **2.20** Hollyoaks (R) **4.25 Food Unwrapped** (R) **4.50** Big House, Little House (R)**Channel 5**

6.00 Milkshake! **10.00 Rise of the Teenage Mutant Ninja Turtles** **10.15** FILM: **The Family Man** (2000) Drama, with Nicolas Cage and Tea Leoni. **12.35** FILM: **Deck the Halls** (2006) Comedy, starring Danny DeVito and Matthew Broderick. **2.25** FILM: **Christmas in Evergreen** (2017) Premiere. Festive drama, starring Ashley Williams. **4.10** FILM: **Snowed Inn Christmas** (2017) Premiere. Estranged twin sisters who are polar opposites reunite in the run-up to Christmas. Festive drama, starring Candace Cameron Bure.

7.40 Christmas Makes You Laugh Out Loud

Hilarious online clips with a festive twist.

8.05 Shop Smart, Save Money for Christmas

Fiona Phillips and Gaby Roslin present shopping tips, as Alexis Conran uncovers the best value products. (R)

8.55 5 News Weekend**9.00 The Pyramid Code: Egypt Unwrapped** Experts trace the evolution of the pyramids in Egypt, piecing together a secret pyramid code which they believe may have been used by the Ancient Egyptians. (R)**10.00 Secrets of Tutankhamun's Treasures**

Documentary exploring the items found with the great Egyptian pharaoh when his tomb was uncovered.

10.55 Secrets of Tutankhamun's Treasures

The origins of the Egyptian pharaoh's iconic death mask, examining theories that many of the items he was buried with were hurriedly assembled after his unexpected death. (R)

11.55 Criminals: Caught on Camera

Nick Wallis joins police forces around the nation. (R)

12.15 SuperCasino. Live gaming. **3.10** Violent Child, Desperate Parents (R)**4.00 Police UK: Armed and Deadly** (R)**4.45 House Doctor** (R) **5.10** Divine Designs (R) **5.35-6.00** Wildlife SOS (R)**REGIONAL VARIATIONS:**STV **1.30** Racing on STV: Live from Newbury **4.55** STV News **1.10** ITV Nightscreen **BBC1 IN IRELAND** **5.00** Final Score from Northern Ireland **BBC1 SCOTLAND** **4.30** Sportscene **BBC2 N**IRELAND **7.30** Home Seekers **8.00** Life in the Snow **10.00** The Blame Game **10.30** The Mash Report **11.00** Snowfall **11.45** I'll Get This **BBC2 SCOTLAND** **5.30** Landward **6.00** Eóra Painted Wales **10.45** QI XL **11.30** Snowfall **RTE1** **6.05** EuroNews **6.50** Teleshopping **7.25** Michael, They've Shot Him **8.20** Last Man Standing **8.50** Last Man Standing **9.15** 10 Things to Know About **9.45** The Coroner **10.45** The Best of Today with Maura and Dáithí **11.50** Royal Cousins at War **1.00** News **1.10** Home Rescue **1.40** Ireland's Fittest Family **2.40** News **2.45** The Late Late Toy Show Unwrapped **6.00** The Angelus **6.01** News **6.35** FILM: Jack Frost (1998) **8.30** Winning Streak **9.30** RTÉ News: Nine O'Clock, Weather **10.00** The Ray D'Arcy Show **11.25** Taken Down **12.30** Brendan O'Connor's Cutting Edge **1.35** FILM: Enough Said (2013) **3.10** Criminal Minds **3.55** The Art of More **4.40** Dr Phil **5.25** EuroNews **S4C** **6.00** Cyw **8.00** Stwnsh Sadwrn **10.00** Dylan ar Daith **11.00** Ysgol Ddawrns Anti Karen **11.30** Natur Gwyllt Iolo **12.00** Gwesty Aduniad **1.00** Un Teulu, Mil o Flynyddoedd, Un Fferm **1.30** Bugeiliaid Olaf Ewrop **2.30** Mynddydded Y Byd **3.30** Patagonia Eric Jones ac Ioan Doyle **4.50** Newyddion a Chwaraeon **5.00** Clwb Rygbi **7.20** Sgorio **9.40** Gig y Pafiliw 2018 **11.10** Siob Maggi Noggi **11.40** Hansh

OVER ON DIGITAL

5STAR

6.00 Teleshopping **8.00** My Wife and Kids **8.45** Two and a Half Men **11.20** FILM: Nim's Island (2008) Comedy adventure. **1.15** FILM: The Man in the Iron Mask (1998) Swashbuckling adventure. **3.50** FILM: Pixels (2015) Sci-fi comedy. **5.55** FILM: The Time Machine (2002) Sci-fi adventure, starring Guy Pearce. **7.50** FILM: The Island (2005) Sci-fi thriller. **10.30** FILM: Grown Ups 2 (2013) Comedy sequel. **12.30** Greatest Ever Movie Blunders **2.35** Gangland: Turf Wars **3.30** Last Man Standing **3.55** Access

SUSA

6.00 Teleshopping **9.00** Longmire **12.40** FILM: Columbo: Lovely but Lethal (1973) Detective drama, starring Peter Falk. **2.15** NCIS **3.10** NCIS **4.10** NCIS **5.10** NCIS **6.10** NCIS **7.05** NCIS: Los Angeles. Deeks and Kensi go surfing – all in the line of work. **8.05** NCIS: Los Angeles **9.00** Criminal Minds: Suspect Behavior **10.00** The Mentalist **11.00** Law & Order: Special Victims Unit **12.00** Law & Order: Special Victims Unit **12.55** Law & Order: Special Victims Unit **1.50** Law & Order: Special Victims Unit **2.50** CSI: Miami **3.50** Access

ITV2

6.00 Totally Bonkers Guinness World Records **6.30** Emmerdale **8.50** Coronation Street **11.50** I'm a Celebrity... Get Me Out of Here! **1.15** You've Been Framed Gold at Christmas! **1.45** FILM: Spy Kids 2: Island of Lost Dreams (2002) Family adventure sequel. **3.50** I'm a Celebrity... Get Me Out of Here! **5.25** FILM: The Mummy Returns (2001) Fantasy adventure sequel. **7.50** FILM: Creed (2015) Boxing drama. **10.30** I'm a Celebrity: Extra Camp **11.35** Family Guy **1.30** American Dad! **2.25** Bordertown **2.55** Teleshopping

SKY ONE

6.00 Futurama **7.00** Modern Family **9.00** The Simpsons **10.00** Soccer AM **11.30** Futurama **1.00** Supergirl **2.00** The Flash **3.00** Gillette Soccer Saturday **5.15** PL Greatest Games **5.30** The Simpsons **8.00** FILM: Superman Returns (2006) Comic-book adventure, starring Brandon Routh. **10.55** The Russell Howard Hour. Topical comedy and entertainment show. **11.55** An Idiot Abroad **12.55** A League of Their Own **1.55** The Heist **3.00** S.W.A.T **4.00** Futurama **4.30** Futurama **5.00** Futurama **5.30** Futurama

SKY ATLANTIC

6.00 CSI: Crime Scene Investigation **9.00** Cold Case **2.00** Without a Trace **3.00** Without a Trace **4.00** Without a Trace **5.00** Without a Trace **7.00** Blue Bloods **8.00** Blue Bloods **9.00** Game of Thrones: Biggest Battles **10.00** Game of Thrones: Biggest Battles. As the Starks prepare to fight, Davos loses something dear. **11.10** Game of Thrones: Biggest Battles **12.10** Ballers **12.45** Entourage **1.20** Entourage **1.55** The Grinch: Special **2.10** Fortitude **3.05** Fortitude **4.00** Urban Secrets **5.00** Urban Secrets

FILM4

11.00 Holiday Inn (1942) Musical. **1.00** Thunderbirds Are Go! (1966) Puppet adventure, with the voice of Shane Rimmer. **2.55** The House of Magic (2013) Animated adventure, with the voice of Murray Blue. **4.40** Little Man Tate (1991) Drama with Jodie Foster. **6.45** Super 8 (2011) Sci-fi thriller, with Joel Courtney. **9.00** Dawn of the Planet of the Apes (2014) Sci-fi thriller sequel, with Andy Serkis. **11.35** Alien (1979) Sci-fi horror, with Sigourney Weaver. **1.50** The Fly II (1989) Sci-fi horror sequel.

SKY WITNESS

6.00 The Real A&E **7.00** Children's Hospital **8.00** Air Ambulance ER **9.00** Paramedics **12.00** Road Wars **4.00** Border Security: America's Front Line **5.00** Border Security: Canada's Front Line **9.00** Killer in My Village. The solving of one of the UK's longest unsolved murder cases. **10.00** Murders That Shocked the Nation **11.00** Britain's Most Evil Killers **12.00** Murder Uncovered **1.00** Criminal Minds **2.00** Criminal Minds **3.00** Border Security: America's Front Line **4.00** Air Ambulance ER **5.00** Stop, Search, Seize

E4

6.00 FILM: A Christmas Wedding Tail (2011) Romantic comedy. **7.40** Melissa & Joey **8.05** Couples Come Dine with Me **9.15** Made in Chelsea **10.20** The Goldbergs **11.55** Brooklyn Nine-Nine **2.25** Young Sheldon **2.55** The Big Bang Theory **4.45** FILM: The Secret Life of Walter Mitty (2013) Comedy drama. **7.00** The Big Bang Theory **9.00** FILM: Identity Thief (2013) Comedy, with Jason Bateman. **11.10** Gogglebox **1.20** Rude Tube **2.25** The Inbetweeners **3.15** Gogglebox **4.05** Happy Together **4.30** New Girl

CBS ACTION

6.00 Teleshopping **8.30** The Key of David **9.00** Diagnosis Murder **2.00** NCIS **3.00** NCIS **4.00** NCIS **5.00** NCIS **6.00** NCIS **7.00** Mission: Impossible **8.00** Mission: Impossible. Part one of two. The IMF team tries to rescue a rocket scientist. **9.00** Scorpion. The team tackles a drug smuggling plot involving drones. **10.00** Scorpion. Sylvester wins big on a gameshow. **11.00** Scorpion **12.00** Scorpion **1.00** Scorpion **2.00** FILM: The Delta Force (1986) Action adventure, starring Chuck Norris. **4.25** JAG **5.10** JAG

CBS REALITY

6.00 Teleshopping **9.00** Judge Judy **5.00** Unsolved Mysteries **6.00** Unsolved Mysteries **7.00** Medical Detectives **7.30** Medical Detectives. An inferno at King's Cross station in London. **8.00** Medical Detectives. How investigators use science to solve crimes. **8.30** Medical Detectives **9.00** Killer Clergy **10.00** Killer Clergy **11.00** Murderers and Their Mothers **12.00** Murderers and Their Mothers **1.00** I Survived **2.00** I Survived **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy **5.05** Judge Judy **5.30** Judge Judy

ONES TO WATCH...

**SATURDAY
1 DECEMBER**



Michael McIntyre's Big Show

8.10pm, BBC1

Reserve the comfiest spot on your sofa this Saturday night as comedian and presenter Michael McIntyre takes to the stage of the Theatre Royal Drury Lane in London for the third episode of his hit show. And Michael has pulled out all of the stops with his all-star guests joining him to make sure it's even bigger and better than before. There are two singing superstars, as Brit chart-topper Rita Ora and Canadian crooner Michael Bublé are both dropping in to chat and perform. Meanwhile, *This Morning* TV presenters and real-life married couple Ruth Langsford and

Eamonn Holmes are handing their phones over for the very first double Send To All. But what will their celeb mates think of Michael's laugh-out-loud text message? And what hilarious responses will they reply with? Plus, the funnyman visits Essex for a special Midnight Gameshow featuring some very famous faces. Another unexpected star will have a surprise when they turn up on the stage and have minutes to prepare for the performance of a lifetime in front of the jam-packed audience. Perfect Saturday night viewing for the whole family. ★★★★



Strictly Come Dancing

7.05pm, BBC1

It's *Strictly Come Dancing* meets the musicals this weekend. The show will open with a spectacular group performance celebrating the smash-hit musical *Mamma Mia!* Then each star will have their own turn in the spotlight before hearing from their critics – judges Shirley Ballas, Darcey Bussell, Bruno Tonioli and Craig Revel Horwood. ★★★★☆



The X Factor Final

7.30pm, ITV

After weeks of singing their hearts out, *The X Factor* contestants are ready and raring to perform the final part of the competition. Taking to the stage, the finalists will give their all, including taking part in some memorable duets, before the big winner is announced tomorrow night. But who will be crowned the 2018 champ? Dermot O'Leary presents. ★★★★☆



ADVERTISEMENT FEATURE

Smart Street

Ed's been lying to his family about why he's staying at his Uncle's. His share of the gas and electricity bill was more than he could afford, so he had to sublet his room to cover the costs! Kate tells him a smart meter could help track his spending. Can he convince his housemates? Smart Energy GB is the government backed organisation tasked with informing Great Britain about the benefits of the smart meter rollout.



BBC1

6.00 Breakfast **8.35** Match of the Day (R) **10.00** The Andrew Marr Show **11.00** Sunday Politics. Regional political news and debate. **11.30** My Faith and Me: Cherry Healey. New series. Public figures explore their relationships with religion, beginning with Cherry Healey. **12.30** Bargain Hunt (R) **1.00** BBC News, Weather **1.15** Songs of Praise. The Archbishop of Canterbury shares his memories of feeling lonely at Christmas. **1.50** FA Cup Final Score. Including action from all the goals and key moments in this afternoon's games. **4.05** Dynasties (R) **5.05** BBC News **5.20** Local News, Weather **5.30-6.30** Countryfile. Helen Skelton meets the High Spen Pink Diamonds rapper dancing troupe in Co Durham.

6

6.30 Doctor Who

The Doctor meets a girl who has barricaded herself into a cottage in Norway, fearing a monster lurking in the woods. Guest starring Kevin Eldon.

7

7.20 Strictly Come Dancing: The Results Tess Daly and Claudia Winkleman present the results of last night's show. Featuring a tribute to the great Bob Fosse.

8

PICK 8.00 Dynasties

Sir David Attenborough narrates footage of painted wolves on the banks of the Zambezi river, as an ageing matriarch faces a challenge for supremacy. See *Ones To Watch*.

9

PICK 9.00 The Little Drummer Girl Khalil takes Charlie to a remote location where he is building a bomb for his next attack, but Kurtz and Becker fear that her loyalties may have shifted. See *Ones To Watch*.

10

10.00 BBC News, Weather
10.20 Local News, Weather

11

10.30 Match of the Day 2 Mark Chapman is joined by studio guests to review the day's Premier League action which featured Chelsea v Fulham, Arsenal v Tottenham and Liverpool v Everton. Plus the best of yesterday's action.

12

11.40 The Women's Football Show Highlights of latest Super League games and a look at the main issues in the game.

12.15 The Apprentice. The candidates are challenged to sell live to the nation on one of the country's leading TV shopping channels. (R) **1.15 The Apprentice: You're Fired** (R) **1.50-6.00** BBC News. Rolling global headlines.

BBC2

6.45 Greatest Gardens (R) **7.15** Great British Garden Revival (R) **8.15** The Instant Gardener (R) **9.05** Countryfile (R) **10.00** Saturday Kitchen Best Bites. Matt Tebbutt presents highlights of the series. **11.30** The Hairy Bikers' Asian Adventure. Dave Myers and Si King head to South Korea. (R) **12.30** Food & Drink (R) **1.00-6.00** Live Snooker: UK Championship. Coverage of the fifth day at the Barbican Centre in York, featuring matches in the last 64 of the prestigious ranking tournament. All contests in this stage of the competition will be played over the best of 11 frames, with the winners progressing to the last 32, which begins tomorrow. With commentary and analysis from Steve Davis, John Parrott and Ken Doherty.

6.00 MOTD: FA Cup Highlights

Manish Bhasin presents the best of the action from this weekend's second-round fixtures as the teams involved looked to earn a potentially money-spinning third-round tie.

7.00 Britain's Biggest Warship

HMS Queen Elizabeth goes on dangerous sea trials for the first time in the North Sea where every part of the vessel is rigorously tested and the first aircraft lands on the deck. (R)

8.00 Dragons' Den

Peter Jones, Deborah Meaden, Touker Suleyman, Jenny Campbell and Tej Lalvani assess the profit-making potential of a range of vegan chocolates and drinks and a condiment brand.

9.00 Gun No. 6

Documentary exploring British gun crime by tracing the history of a single illegal weapon used in 11 shootings and three murders. Featuring contributions from surviving family members.

10.10 The Mash Report

Nish Kumar and fellow comedians present a satirical take on the week's news. (R)

10.40 I'll Get This

Rob Beckett, Joanna Scanlan, Martin Kemp, Harry Redknapp and Victoria Coren Mitchell dine out, with one paying the bill. (R)

11.15 Snooker: UK Championship

Hazel Irvine presents highlights of the concluding matches in the last 64 of the prestigious tournament.

12.05 Snooker: UK Championship Extra
2.05 Sign Zone: Question Time. David Dimbleby chairs the debate from Penzance, Cornwall, with politicians and other guests facing topical questions from the audience. (R) **3.05 Sign Zone: Holby City** **4.05-6.00** This Is BBC Two

ITV

6.00 CITV **7.30** Scrambled! Scrambled! **7.35** Scrambled! The Tom and Jerry Show (R) **7.50** Scrambled! Ben 10 (R) **8.10** Scrambled! The Bagel and Becky Show (R) **8.30** Scrambled! Spy School (R) **9.05** Scrambled! Mighty Magiswords! (R) **9.25** ITV News **9.30** Doc Martin (R) **10.30** Midsomer Murders (R) **12.25** ITV News, Weather **12.35** The X Factor Final. The first instalment of the talent show's grand final. (R) **2.30** Paul O'Grady: For the Love of Dogs. Paul meets a hyperactive staffie called Cookie. (R) **3.00** The Chase. Quiz show, hosted by Bradley Walsh. (R) **4.00** Tenable. A team of Army colleagues competes. (R) **5.00-6.00** How to Spend It Well at Christmas with Phillip Schofield. Consumer advice, featuring guests Simon Gregson and Sally Phillips. (R)

6.00 ITV News, Weather**6.15 Local News, Weather**

6.30 The Chase: Celebrity Special Celebrities Kirsty Gallacher, Charley Boorman, Clive Tyldesley and Rachel Riley answer quiz questions, working as a team to raise money for charity. (R)

PICK 7.30 The X Factor Final

Dermot O'Leary hosts the final of the talent contest. The remaining acts get one last chance to make a good impression on the viewing public and judges Simon Cowell, Louis Tomlinson, Ayda Field and her husband Robbie Williams and win the coveted title of this year's winner. Last in the series. See *Ones To Watch*.

9.00 I'm a Celebrity... Get Me Out of Here!

As the campmates face being booted out of the jungle back into their life of luxury, who's ready to make that jump and who wants to stay another day? Declan Donnelly and Holly Willoughby present.

10.20 ITV News, Weather

10.35 David Walliams Presents – Revenge of Alright on The Night The Britain's Got Talent judge presents a collection of classic out-takes and new bloopers in which things did not go to plan during filming. (R)

11.35 Football Genius

Tim Vine hosts as QPR take on fans of Greenock Morton. (R)

12.00 Jackpot247 **3.00** Motorsport UK. Richard John Neil presents action from Brands Hatch, featuring round 25 of the Ginetta Juniors and round 18 of the Renault Clio Cup. **3.50** ITV Nightscreen. Text-based information service. **5.05-6.00** The Jeremy Kyle Show (R)

STV 6.15 STV News **12.00** Play to the Whistle **12.50** Great Art **1.45** ITV Nightscreen **BBC1 N IRELAND** **11.00** Sunday Politics Northern Ireland **BBC1 SCOTLAND** **11.00** Sunday Politics Scotland **4.05** River City **11.40** Sportscene **12.40** The Women's Football Show **BBC1 WALES** **11.00** Sunday Politics Wales **BBC2 N IRELAND** **10.10** Groundbreakers: Helen Waddell – Casualty **10.00** Nationwide **10.30** Today Show Bites **11.00** Mass **12.00** The Week in Politics **1.00** RTE News: One O'Clock, Weather **1.10** Ear to the Ground **1.40** Fair City **3.35** Winning Streak **4.35** Are You Being Served?

5.10 Only Fools and Horses **6.00** The Angels **6.01** News **6.30** Ireland's Fittest Family **7.30** Daniel and Majella's B&B Road Trip **8.00** Fair City **8.30** Pat Shortt's Music from D'Telly **9.00** News **9.30** Taken Down **10.35** Room to Improve **11.35** The Week in Politics **12.40** The Ray D'Arcy Show **2.05** Chicago Med **2.50** The Americans **3.45** Doubt **4.30** Dr Phil **5.15** EuroNews **SAC** **6.00** Cyw **8.50** Penblwydd Cyw **8.55** Pen-blwydd Pwy? **9.00** Dal Ati: Dal Ati: Bore Da **10.00** Dal Ati: Dal Ati **11.00** Rownd a Rownd **11.30** Clwb Ni **12.00** Dechrau Canu Dechrau Canmol **12.30** Gwlad Beirdd **1.00** Pryd o Sêr **2.00** Rygbi Pawb **2.45** Adre: Siân James **3.15** Raliô+ **3.45** Clwb Rygbi **5.30** Newyddion a Chwaraeon **5.40** Pobol y Cwm **7.30** Dechrau Canu Dechrau Canmol **8.00** Y Wal: Corea **9.00** Y Ffair Aear 2018: Uchafwyntiau **10.00** Y Byd ar Bedwar **10.30** Pethau Bychain 'Dolig'

Channel 4

6.10 The King of Queens (R) **6.35** Everybody Loves Raymond (R) **7.00** Everybody Loves Raymond (R) **7.25** Frasier (R) **7.55** Frasier (R) **8.25** Frasier (R) **8.55** Jamie Cooks Italy (R) **9.30** Sunday Brunch **12.30** The Simpsons (R) **1.00** The Simpsons (R) **1.30** FILM: Stuart Little (1999) Comedy adventure, starring Geena Davis, with the voice of Michael J Fox. **3.05** FILM: Back to the Future Part III (1990) Time-travelling teenager Marty McFly is transported back to the Wild West to save his scientist friend from death. Sci-fi comedy sequel, starring Michael J Fox. **PICK FILM** **5.25-7.35** The Incredibles (2004) Animation, with the voices of Craig T Nelson and Holly Hunter and Samuel L Jackson. See *Film Of The Day*.

6.35 Channel 4 News A round-up of the latest national and international headlines.

8.00 Escape to the Chateau The temperatures soar as Angel and Dick Strawbridge face the busiest period of the year. Dick comes up with an ingenious solution to stop wedding cakes from melting in the heat.

9.00 A Very British Country House It is the height of the English social season and there is an influx of international high society guests, taking advantage of Cliveden's proximity to major events at Henley and Ascot.

10.00 Tin Star Waking up in a First Nations reserve after blacking out, Jim discovers Anna has disappeared. Whitey tidies up a loose end.

10.55 8 Out of 10 Cats Does Countdown Jimmy Carr hosts the comedy panel show's version of the words-and-numbers quiz, with Jon Richardson and Jason Manford take on guest captain Alan Carr and Katherine Ryan. (R)

FILM 11.55 Tale of Tales (2015) Fantasy based on the stories of Giambattista Basile, starring Salma Hayek and Toby Jones.

2.15 The Last Leg (R) **3.10** Mobil 1: The Grid (R) **3.35** Big House, Little House (R) **4.30** Food Unwrapped (R) **4.55** Fifteen to One. Quiz. (R) **5.50-6.30** Countdown (R)

STV 6.15 STV News **12.00** Play to the Whistle **12.50** Great Art **1.45** ITV Nightscreen **BBC1 N IRELAND** **11.00** Sunday Politics Northern Ireland **BBC1 SCOTLAND** **11.00** Sunday Politics Scotland **4.05** River City **11.40** Sportscene **12.40** The Women's Football Show **BBC1 WALES** **11.00** Sunday Politics Wales **BBC2 N IRELAND** **10.10** Groundbreakers: Helen Waddell – Casualty **10.00** Nationwide **10.30** Today Show Bites **11.00** Mass **12.00** The Week in Politics **1.00** RTE News: One O'Clock, Weather **1.10** Ear to the Ground **1.40** Fair City **3.35** Winning Streak **4.35** Are You Being Served?

5.10 Only Fools and Horses **6.00** The Angels **6.01** News **6.30** Ireland's Fittest Family **7.30** Daniel and Majella's B&B Road Trip **8.00** Fair City **8.30** Pat Shortt's Music from D'Telly **9.00** News **9.30** Taken Down **10.35** Room to Improve **11.35** The Week in Politics **12.40** The Ray D'Arcy Show **2.05** Chicago Med **2.50** The Americans **3.45** Doubt **4.30** Dr Phil **5.15** EuroNews **SAC** **6.00** Cyw **8.50** Penblwydd Cyw **8.55** Pen-blwydd Pwy? **9.00** Dal Ati: Dal Ati: Bore Da **10.00** Dal Ati: Dal Ati **11.00** Rownd a Rownd **11.30** Clwb Ni **12.00** Dechrau Canu Dechrau Canmol **12.30** Gwlad Beirdd **1.00** Pryd o Sêr **2.00** Rygbi Pawb **2.45** Adre: Siân James **3.15** Raliô+ **3.45** Clwb Rygbi **5.30** Newyddion a Chwaraeon **5.40** Pobol y Cwm **7.30** Dechrau Canu Dechrau Canmol **8.00** Y Wal: Corea **9.00** Y Ffair Aear 2018: Uchafwyntiau **10.00** Y Byd ar Bedwar **10.30** Pethau Bychain 'Dolig'

Channel 5

6.00 Milkshake! **9.50** Rise of the Teenage Mutant Ninja Turtles (R) **10.00** Friends (R) **10.30** Friends (R) **11.00** Friends (R) **11.25** Friends (R) **11.55** Friends (R) **12.25** Friends (R) **12.55** Friends (R) **1.20** Friends (R) **2.20** Friends (R) **2.50** FILM: Christmas at Holly Lodge (2017) Romantic drama, with Alison Sweeney and Jordan Bridges. **4.30** FILM: A Joyous Christmas (2017) Festive romance, starring Natalie Knepp. **5.30** News Update **5.35-6.10** FILM: A Joyous Christmas (2017) Premiere. A motivational speaker learns the true meaning of Christmas when a narrowly avoided accident places her on the path to true love. Festive romance, starring Natalie Knepp.

FILM 6.10 The Christmas Train (2017) Premiere. A journalist takes a trip by train, hoping to find some inspiration on the way for a book. He meets a famous Hollywood director, who invites him to consult on his latest movie script. The only problem is that the film-maker's assistant is his long-lost love – and his current girlfriend joins the trip, demanding a proposal and a movie role. Romantic drama, with Dermot Mulroney. Including 5 News Update at 7.10pm.

8.05 Warship: Life at Sea

Documentary about HMS Duncan, following the ups and downs of everyday life for its crew of 280 and dramatic moments in its deployment. (R) **8.55** 5 News Weekend

FILM 9.00 Run All Night (2015) Premiere. A hitman working for a longtime friend who has become head of a crime syndicate becomes disillusioned with his life and haunted by his past misdeeds. He is forced to turn against the syndicate and place himself in the firing line when he learns a hit has been ordered on his own estranged son. Action thriller, starring Liam Neeson and Ed Harris. Including 5 News Update at 10pm.

FILM 11.10 A Walk Among the Tombstones (2014) An ex cop working as an unlicensed private eye is hired by a drug trafficker to find the men who murdered his wife. Crime thriller based on Lawrence Block's novel, starring Liam Neeson and Dan Stevens.

1.05 SuperCasino. Live interactive gaming. **3.10** Britain's Flashiest Families (R) **4.00** Get Your Tatts Out: Kavos Ink (R) **4.45** House Doctor (R) **5.10** Divine Designs (R) **5.35-6.00** Wildlife SOS (R)

OVER ON DIGITAL

5STAR

6.00 Teleshopping **8.00** My Wife and Kids **4.05** Can't Pay? We'll Take It Away! **5.00** Can't Pay? We'll Take It Away! **6.00** Can't Pay? We'll Take It Away! **7.00** Can't Pay? We'll Take It Away! **8.00** Can't Pay? We'll Take It Away! **9.00** Can't Pay? We'll Take It Away! **10.00** Greatest Ever Christmas Ads. Julian Clary revisits memorable festive-themed advertisements. **11.30** Most Shocking Christmas TV Moments **1.35** Rich Kids Go Skint **2.35** Gangland: Murder **3.25** Last Man Standing **3.50** Access **4.00** Teleshopping

SUSA

6.00 Teleshopping **9.00** Access **9.05** Catch a Contractor **9.25** CSI: Crime Scene Investigation **11.10** Longmire **1.30** FILM: Columbo: Murder in Malibu (1990) Crime drama, with Peter Falk. **3.40** FILM: Columbo: Dead Weight (1971) Crime drama, starring Peter Falk. **5.05** FILM: Columbo: Ashes to Ashes (1998) Detective drama, starring Peter Falk. **7.05** NCIS: Los Angeles **9.00** NCIS: New Orleans **10.00** Law & Order: Special Victims Unit **1.50** Law & Order: Special Victims Unit **2.50** CSI: Miami **3.50** Access **4.00** Teleshopping

ITV2

6.40 Emmerdale **9.10** Coronation Street **12.05** I'm a Celebrity... Get Me Out of Here! **1.05** Celebrity Catchphrase **2.05** You've Been Framed Gold at Christmas! **2.40** You've Been Framed Gold at Christmas! **3.05** FILM: Jack Frost (1998) Family fantasy drama. **5.10** Shrek the Halls **5.40** FILM: The Grinch (2000) Fantasy comedy. **7.45** FILM: The Fast and the Furious: Tokyo Drift (2006) Motor-racing adventure. **9.50** Family Guy **10.20** I'm a Celebrity: Extra Camp **11.25** Family Guy **12.50** American Dad!

SKY ONE

6.00 Hour of Power **7.00** Supergirl **8.00** The Flash **9.00** Futurama **9.30** The Simpsons **11.00** WWE Raw Hits **12.00** NCIS: Los Angeles **2.00** Landscape Artist of the Year 2018 **3.00** Modern Family **6.00** The Simpsons **8.00** A League of Their Own **9.00** S.W.A.T. The team tries to halt a series of bombings. Last in the series. **10.00** Hawaii Five-O. Duke is forced to steal evidence from the police locker. **11.00** NCIS: Los Angeles **12.00** MacGyver **1.00** S.W.A.T **2.00** The Force: Manchester **3.00** Road Wars **4.00** Road Wars

SKY ATLANTIC

6.00 Urban Secrets **7.00** CSI: Crime Scene Investigation **8.00** CSI: Crime Scene Investigation **9.00** Without a Trace **10.00** Without a Trace **11.00** Without a Trace **12.00** Without a Trace **1.00** Without a Trace **2.00** Cold Case **3.00** Cold Case **4.00** Cold Case **5.00** Cold Case **6.00** Cold Case **7.00** Blue Bloods **8.00** Blue Bloods **9.00** The Truth About Killer Robots **10.40** My Brilliant Friend **11.50** My Brilliant Friend **12.50** Kidding **1.30** Kidding **2.05** Sally4Ever **2.45** Widows: Special **3.00** Fortitude

FILM4

11.00 Local Hero (1983) Comedy drama, starring Peter Riegert. **1.25** Miracle on 34th Street (1994) Christmas family drama remake, with Richard Attenborough. **3.40** Hulk (2003) Comic-book adventure, starring Eric Bana. **6.25** Sahara (2005) Adventure, starring Matthew McConaughey. **9.00** The Martian (2015) Ridley Scott's sci-fi drama, starring Matt Damon. **11.50** RoboCop (2014) Sci-fi thriller remake, starring Joel Kinnaman. **2.05** Of Horses and Men (2013) Comedy drama.

SKY WITNESS

7.00 Nothing to Declare UK **8.00** 60 Minute Makeover **12.00** The Real A&E **1.00** Paramedics **2.00** Paramedics **3.00** Air Ambulance ER **4.00** Border Security: Canada's Front Line **5.00** Nothing to Declare **5.30** Nothing to Declare **6.00** Nothing to Declare **6.30** Nothing to Declare **7.00** Nothing to Declare **7.30** Nothing to Declare **8.00** 9-1-1 **9.00** The Good Doctor **10.00** Criminal Minds **11.00** Blindsight **12.00** Criminal Minds **1.00** Criminal Minds **2.00** Criminal Minds **3.00** Britain's Most Evil Killers **4.00** Border Security: Canada's Front Line

E4

6.00 Hollyoaks **8.20** Rude(ish) Tube Shorts **8.35** Made in Chelsea **9.35** Don't Tell the Bride **10.40** FILM: Thunderbirds (2004) Sci-fi adventure. **12.30** We're Going on a Bear Hunt **1.00** The Goldbergs **2.30** The Big Bang Theory **8.00** FILM: Fantastic Four: Rise of the Silver Surfer (2007) Sci-fi adventure sequel, starring Ioan Gruffudd. **9.50** The Inbetweeners **10.55** The Big Bang Theory **11.25** The Big Bang Theory **11.50** Tattoo Fixers: Extreme **12.55** Gogglebox **2.00** Rude Tube **2.55** Rude(ish) Tube **3.20** Hollyoaks

CBS ACTION

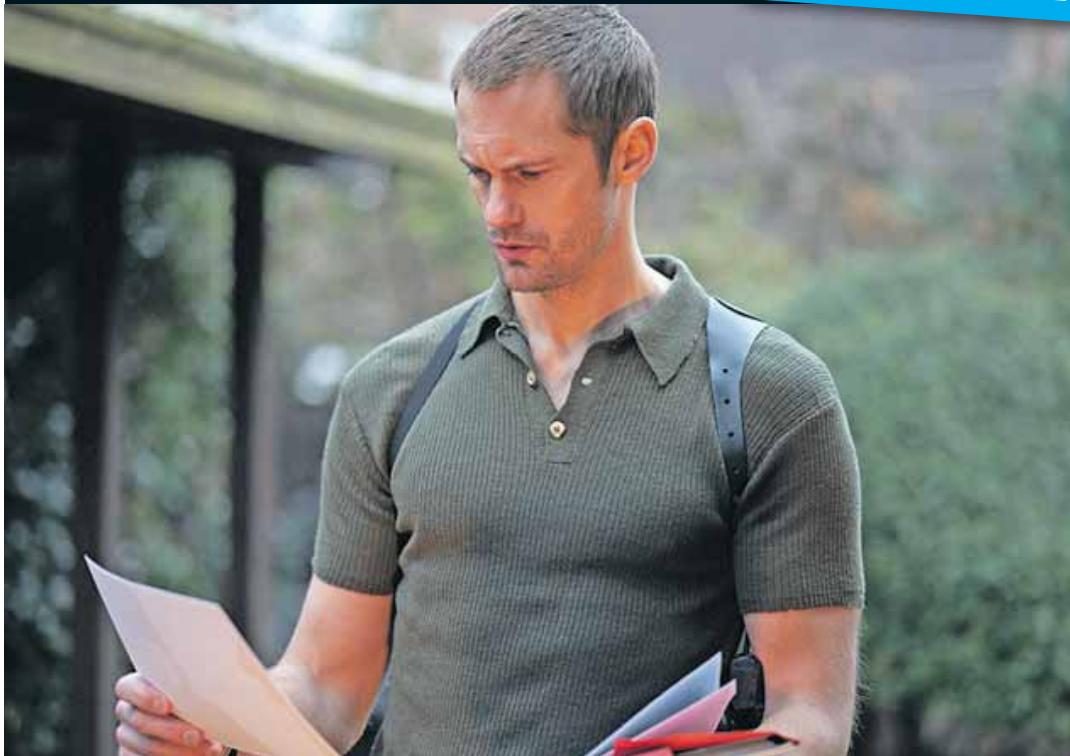
6.00 Teleshopping **8.30** Tomorrow's World **9.00** Diagnosis Murder **2.00** NCIS **7.10** FILM: Once Upon a Christmas (2000) Family drama, starring Kathy Ireland. **9.00** NCIS: Los Angeles. Callen and Sam infiltrate a gang of corrupt cops. **10.00** NCIS: Los Angeles. Deeks is shot during a robbery at a shop. **11.00** NCIS: Los Angeles **12.00** NCIS: Los Angeles **12.55** NCIS: Los Angeles **1.50** FILM: Delta Force II: The Colombian Connection (1990) Action adventure sequel, with Chuck Norris. **3.55** JAG **4.45** JAG

CBS REALITY

6.00 Teleshopping **7.30** Tomorrow's World **8.00** The Key of David **8.30** The Lord's Challenge **9.00** Judge Judy **5.00** Unsolved Mysteries **6.00** Unsolved Mysteries **7.00** Medical Detectives **7.30** Medical Detectives **8.00** Medical Detectives **8.30** Medical Detectives **9.00** Voice of a Serial Killer Special **10.00** Evidence of Evil **11.00** Homicide's Elite **12.00** Homicide's Elite **1.00** Voice of a Serial Killer Special **2.00** Evidence of Evil **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy **5.05** Judge Judy **5.30** Judge Judy

ONES TO WATCH...

**SUNDAY
2 DECEMBER**



The Little Drummer Girl

9pm, BBC1

It's the final episode in the series tonight and it promises to be a tense one. Everything lies on the shoulders of Charlie and she's feeling the pressure. The episode begins with Khalil and Charlie at an abandoned house where she watches on as he builds a bomb. He's planning on using it as an attack on the outspoken academic professor Minkel. However, Kurtz and Becker are worried that Charlie's allegiances have changed and that her state of mind might not be as sound. They find out though when she's tasked with the biggest thing so far – delivering the bomb to

the university just moments before the professor is due to speak. Becker and Kurtz quickly inform the British intelligence officer Picton, who works with them to avoid a mass disaster and turn the event to their advantage. Kurtz then discovers that Charlie is working with Khalil and sees this as a chance to get Charlie to the top of his network and report back on what's going on inside. But Charlie has grown close to the people she's meant to be betraying, leaving her torn now between her feelings for Becker and her respect for Khalil. **★★★★★**



Dynasties

8pm, BBC1

It's the turn of the painted wolves tonight as we head to Africa with Sir David Attenborough for another episode of his hit new series. The wolves are caught in a leadership battle between the family matriarch Tait and her daughter Blacktip. The former is growing while her mother ages and it's not long before she drives the parent out. **★★★★★**



The X Factor Final

7.30pm, ITV

Following yesterday's epic performances, we get to the moment we have been waiting for as the winner of *The X Factor* 2018 is crowned. Dermot O'Leary will be hosting live along with the judges Simon Cowell, Ayda Field, Robbie Williams and Louis Tomlinson as they watch the finalists have one last chance to stake their claim as the show's top act. **★★★★★**



The Incredibles

5.25pm, Channel 4

One of the biggest family movies is hitting your screens today. Mr Incredible and his wife Elastigirl live as Bob and Helen Parr, fronting a relatively normal existence with their kids. But Mr Incredible is determined to go back to his life as a superhero, so when he's summoned to an island to fight an out-of-control robot he jumps at the chance. **★★★★★**

BBC1

6.00 Breakfast **9.15** Defenders UK
10.00 Homes Under the Hammer (R)
11.00 A Matter of Life and Debt (R)
11.45 III Gotten Gains **12.15** Bargain Hunt. From Lincoln. **1.00** BBC News at One, Weather **1.30** Local News, Weather **1.45** Doctors. A woman walks into the Mill claiming to be dead. **2.15** The Doctor Blake Mysteries. A newspaper reporter is found dead on a golf course. (R) **3.15** Escape to the Country. In Co Durham. (R) **PICK 3.45** The Best Christmas Food Ever. New series. Chefs Paul Ainsworth and Catherine Fulvio share festive recipes. *See Ones To Watch.* **4.30** Flog It! From the Royal Marines Museum in Southsea, Hampshire. **5.15-6.00** Pointless. Quiz show. (R)

6.00 BBC News at Six, Weather

The latest national headlines, including sport and weather.

6.30 Local News, Weather

The latest regional bulletin, including sport and weather.

7.00 The One Show

The first visit of the week to the One Show studio.

7.30 MOTD: FA Cup Third-Round Draw

Mark Chapman presents the live draw.

8.00 EastEnders

Alfie apologises to Kat and says he wants her back.

8.30 Ripped Off? Join the Club – Panorama

Current affairs report looking into a story.

PICK 9.00 Nadiya's Asian Odyssey

Nadiya Hussain travels to far-flung places to explore the people, places and food there, starting with visits to Cambodia and Thailand. *See Ones To Watch.*

10.00 BBC News, Weather

The latest national headlines, including sport and weather.

10.30 Local News, Weather**10.45 Have I Got a Bit More News for You**

Jennifer Saunders hosts an extended edition of the satirical quiz, with Grayson Perry and Matt Forde.

11.30 The Graham Norton Show

The host is joined by Cheryl, who chats and performs her new single Love Made Me Do It. (R)

12.20 Ambulance. The documentary follows the paramedics of the West Midlands Ambulance Service. (R) **1.25-6.00** BBC News. The latest national headlines, including sport.

BBC2

6.00 A Matter of Life and Debt (R) **6.45** Make Me a Dealer (R) **7.30** Sign Zone: Family Cooking Showdown (R) **8.30** The Week in Parliament **9.00** BBC News at 9. The latest national headlines. **10.00** Victoria Derbyshire. News and current affairs. **11.00** BBC Newsroom Live **12.15** Politics Live **1.00** Live Snooker: UK Championship. Coverage of the sixth day at the Barbican Centre in York, featuring best-of-11-frame matches in the last 32 of the prestigious ranking tournament. Mark Joyce and Lyu Haotian produced the two biggest shocks of this round last year, overcoming Neil Robertson and Marco Fu respectively. **5.15-6.00** Put Your Money Where Your Mouth Is. Searching for items at a car boot sale in Essex that can be sold for profit. (R)

6.00 Richard Osman's House of Games

A variety of trivia-based games across the week.

6.30 Strictly: It Takes Two

Zoe Ball is joined by the latest pair of dancers to be eliminated.

7.00 Celebrity Antiques Road Trip

Veteran broadcasters John Sergeant and Peter White take a road trip through Surrey on a search for antiques, with expert help from James Braxton and Philip Serrell. (R)

8.00 Only Connect

Victoria Coren Mitchell hosts another first-round match.

8.30 University Challenge

Two more teams battle it out for a place in the quarter-finals.

9.00 Babies: Their Wonderful World

Guddi Singh looks at how infants build social relationships in their first two years of life, including the instinct to respond to faces and how they learn to trust people.

10.00 People Just Do Nothing

Grindah visits the doctor after developing a mysterious illness.

10.30 Newsnight

Analysis of the day's events, presented by Kirsty Wark.

11.15 Snooker: UK Championship

Jason Mohammad presents action from this evening's last-32 matches on the sixth day at the Barbican Centre.

12.05 Snooker: UK Championship

Extra. Hazel Irvine presents extended highlights of one of this afternoon's last-32 matches on the sixth day at the Barbican Centre in York. **2.05** Sign Zone: The Apprentice (R) **3.05** Sign Zone: Countryfile (R) **4.00-6.30** This is BBC Two

ITV

6.00 Good Morning Britain **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Phillip Schofield and Rochelle Humes present celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines and a recipe in the kitchen. Including Local Weather. **12.30** Loose Women. Celebrity interviews and topical studio discussion. **1.30** ITV Lunchtime News **1.55** Local News, Weather **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. David Dickinson and the team are in Sheffield. **3.59** ITV Local Weather **4.00** Tipping Point. Gameshow, hosted by Ben Shephard. **5.00-6.00** The Chase

6.00 Local News, Weather

The latest regional bulletin, including sport and weather.

6.30 ITV News, Weather

The latest regional bulletin, including sport and weather.

7.00 Emmerdale

Cain is faced with a dilemma and Liv goes on the warpath.

7.30 Coronation Street

Toyah and Imran rediscover their spark and Cathy asks for a job.

PICK 8.00 The Martin Lewis Money Show

An energy special. *See Ones To Watch.*

8.30 Coronation Street

Shona plays matchmaker while Tracy identifies Amy's boyfriend.

9.00 I'm a Celebrity... Get Me Out of Here!

The famous faces continue to battle the jungle, hunger and each other in their quest to be crowned King or Queen of the Jungle. Declan Donnelly and Holly Willoughby introduce highlights from the past 24 hours and reveal the latest news from the camp.

10.30 ITV News, Weather

The latest regional bulletin, including sport and weather.

11.05 Local News, Weather

The latest regional bulletin.

11.20 Serial Killer with Piers Morgan

The broadcaster meets Bronx businessman Alex Henriquez, who was imprisoned for three murders in 1992. (R)

12.15 Jackpot247

Viewers are offered the chance to participate in live interactive gaming. **3.00** The Jeremy Kyle Show (R) **3.55** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show. Guests air their differences to the host. (R)

Channel 4

6.30 3rd Rock from the Sun (R) **6.55** 3rd Rock from the Sun (R) **7.20** 3rd Rock from the Sun (R) **7.45** Everybody Loves Raymond (R) **8.10** Everybody Loves Raymond (R) **8.40** Frasier (R) **9.10** Frasier (R) **9.35** Frasier (R) **10.05** Ramsay's Kitchen Nightmares USA (R) **11.00** The Simpsons (R) **11.30** The Simpsons (R) **12.00** Channel 4 News Summary **12.05** A New Life in the Sun (R) **1.05** My Family Secrets Revealed. New series. People explore their family histories. **2.10** Countdown. With Nicki Chapman in Dictionary Corner. **3.00** Fifteen to One. General knowledge quiz, hosted by Sandi Toksvig. **4.00** A Place in the Sun. A couple looking for a holiday home in the area around Cadiz. **5.00-6.00** Kirstie's Handmade Christmas. New series.

6.00 The Simpsons

Elon Musk dreams up a new idea for the power plant.

6.30 Hollyoaks

Laurie is delighted when she is given a second job interview. (R)

7.00 Channel 4 News

The latest regional bulletin, including sport and weather.

8.00 Liam Bakes

Liam Charles demonstrates his take on Portuguese custard tart.

8.30 Food Unwrapped

Matt Tebbutt explores claims that raw kale may be bad for you.

9.00 24 Hours in A&E

This edition focuses on stories of triumph in the face of adversity. Nikkita, 27, is brought to A&E by ambulance after having a severe epileptic fit and her dad Derry is by her side.

10.00 First Dates

An IT worker who has never had a relationship sits down for a meal with an executive assistant, while a football coach has a date with someone who is a bit of a party animal.

11.05 Emergency Helicopter Medics

A boating accident leaves a woman with a partially amputated foot, and medical crews face a race against time to save a woman severely injured in a major gas explosion. (R)

12.10 Ramsay's Hotel Hell (R) 1.00

Alone at Home (R) **1.55** George Clarke's Amazing Cabins in the Wild (R) **2.50** Walks with My Dog (R) **3.45** The People's Vet (R) **4.40** Big House, Little House (R) **5.35** Kirstie's Handmade Christmas (R) **5.50-6.30** Countdown. Gameshow. (R)

Channel 5

6.00 Milkshake! **9.15** Jeremy Vine **11.15 FILM: Christmas in Evergreen** (2017) Festive drama, starring Ashley Williams. **12.45 Neighbours** **1.15 FILM: The Mistletoe Promise** (2016) Two strangers who hate Christmas fall in love while helping each other deal with the demands of the holiday. Romantic drama, starring Jaime King and Luke Macfarlane. **3.00 FILM: A Holiday Wish Come True** (2018) Premiere. At the request of their daughters, a recently separated couple spend Christmas together. Festive drama, starring Schuyler Fisk and David Clayton Rogers. **4.45** 5 News at 5 **5.00 Friends**. Joey sets his sights on kissing Janine. (R) **5.30-6.00 Friends**. Joey finally dates Janine. (R)

6.00 Neighbours

Alice uses one of Nell's drawings to cause more trouble. (R)

6.30 5 News Tonight

The latest regional bulletin, including sport and weather.

7.00 Gallagher Premiership Rugby Highlights

Mark Durden-Smith is joined by David Flatman to present action from the ninth round of fixtures, including Harlequins v Exeter Chiefs at The Stoop.

8.00 Police Interceptors

Bob and BoBo pursue a white van through the back streets, Martin clocks a driver speeding at more than 100mph, while Kev and rookie Oliver expose a cunning insurance scam.

9.00 Warship: Life at Sea

HMS Duncan is deep in the heart of the Black Sea as it heads towards Crimea when a tense situation develops between the Royal Navy vessel and a Russian ship it has been tracking.

10.00 The Real Narcos UK: London's Most Bloody

A look at how the Adams family reigned over a drugs empire based in London, becoming so powerful that MI5 were tasked with bringing them down.

FILM 11.05 Enter the Dragon

(1973) A powerful crime kingpin hosts a martial arts tournament on his island lair. A former Shaolin monk is recruited by an intelligence agency to enter the tournament and expose the crime lord's opium and slavery rings. Thriller, starring Bruce Lee.

1.05 Super Casino **3.10 Curvy Girls: Stripped Bare** **4.00 Get Your Tatts Out: Kavos Ink** (R) **4.45 House Doctor** (R) **5.10 Divine Designs** (R) **5.35 Wildlife SOS** (R)

REGIONAL VARIATIONS:

STV 11.00 Scotland Tonight **11.25** STV News **11.35** Killer Women with Piers Morgan **UTV 11.20** View from Stormont **BBC1 N IRELAND 7.30** Home Seekers **10.40** Colin Murphy's Panic Snooker: UK Championship **12.35** Snooker: UK Championship Extra **RTE1 6.00** EuroNews **7.35** Teleshopping **8.10** Today with Maura and Dáithí **10.05** The Ellen DeGeneres Show **11.00** Dr Phil **11.55** Shortland Street **12.25** Doctors **1.00** News **1.30** Neighbours **2.00** EastEnders **2.30** Fair City **3.30** Today with Maura and Dáithí **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Tastes Like Home **8.00** EastEnders **8.30** **10.00** I Lár an Aonaigh **11.15** People Just Do Nothing **11.45** Things to Know About **9.00** News **9.35** Death and Nightingales **10.45** Claire Byrne Live **11.45** Beyond the Spectrum **12.55 FILM: The Truth Commissioner** (2016) **S4C 6.00** Cyw **12.00** Newyddion S4C a'r Tywydd **12.05** Antur Waunfawr **1.30** Babi Del: Ward Geni **2.00** Newyddion S4C a'r Tywydd **2.05** Prynwawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Pengelli **3.30** l'r Oesoedd a Del **4.00** Awr Fawr **5.00** Stwsh **6.00** Newyddion S4C a'r Tywydd **6.05** Pobol y Rhondda **6.30** Celwydd Noeth **7.00** Heno **8.00** Pobol y Cwm **8.25** Garejis: Dan y Bonet **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00** Y Wal: Mecsico a Trump **11.00** Trysor Coll y Royal Charter

OVER ON DIGITAL

5STAR

6.00 Teleshopping **8.00** Last Man Standing **8.25**
Dance Moms **10.05** Last Man Standing **11.05**
Two and a Half Men **12.00** Police Interceptors **1.00** Can't Pay? We'll Take It Away! **3.00** Neighbours **3.35** My Wife and Kids **5.35** Two and a Half Men **6.30** Neighbours **7.00** Riverdale **8.00** Can't Pay Special: Big Family Bust Up **9.00** FILM: The Equalizer (2014) Action thriller. **11.40** FILM: Blitz (2011) Crime thriller. **1.35** Police UK: Armed and Deadly **2.35** Rich Kids Go Skint **3.30** Last Man Standing **3.50** Access **4.00** Teleshopping

5USA

6.00 Teleshopping **9.00** Access **9.05** Catch a Contractor **9.30** CSI: Crime Scene Investigation **11.10** Law & Order **1.10** CSI: Crime Scene Investigation **2.05** NCIS **3.05** Castle **4.05** Law & Order **6.00** CSI: NY **7.00** NCIS **8.00** NCIS **9.00** NCIS: New Orleans **10.00** Law & Order: Special Victims Unit. An eight-year-old boy is kidnapped from his school. **11.00** Law & Order: Special Victims Unit **11.55** Law & Order: Special Victims Unit **12.55** CSI: Crime Scene Investigation **1.55** CSI: Crime Scene Investigation **2.50** Chicago Fire

ITV2

8.00 Emmerdale **8.25** Coronation Street **9.25**
The Ellen DeGeneres Show **10.20** Totally Bonkers Guinness World Records **10.30** Planet's Got Talent **11.00** I'm a Celebrity... Get Me Out of Here! **12.15** Emmerdale **12.45** Coronation Street **1.45** Ellen DeGeneres **2.40** Jeremy Kyle **6.05** I'm a Celebrity... Get Me Out of Here! **7.30** You've Been Framed! Gold **8.00** Two and a Half Men **9.00** Family Guy **9.30** American Dad! **10.00** Family Guy **10.30** I'm a Celebrity: Extra Camp **11.35** Family Guy **12.30** American Dad!

SKY ONE

6.00 Monkey Life **7.00** RSPCA Animal Rescue **8.00** Brit Cops: Rapid Response **9.00** Babylon 5 **10.00** Warehouse 13 **11.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Supergirl **9.00** An Idiot Abroad 3 **10.00** Micky Flanagan Thinking Aloud. The comedian tackles the issue of offence. **11.00** The Reluctant Landlord **11.30** The Simpsons **1.00** SEAL Team **2.00** Arrow **3.00** Road Wars **4.00** Babylon 5 **5.00** Futurama. Animated fun.

SKY ATLANTIC

6.00 Making of David Attenborough's Bachelor King **7.00** The West Wing **9.00** House **11.00** Without a Trace **12.00** Blue Bloods **2.00** The West Wing **4.00** House **6.00** CSI: Crime Scene Investigation **7.00** Blue Bloods **9.00** My Brilliant Friend. Italian drama series based on Elena Ferrante's novel, following the lives of two girls from Naples over six decades of their friendship. **10.05** Olive Kitteridge. Part one. **12.20** Active Shooter: America Under Fire **1.30** Ballers **2.05** Entourage **3.15** Fortitude **4.15** The West Wing

FILM4

11.00 The Reckless Moment (1949) Drama. **12.40** 40 Guns to Apache Pass (1967) Western. **2.35** Gideon of Scotland Yard (1958) Police drama. **4.25** Carry On Constable (1960) Comedy. **6.10** X-Men: Days of Future Past Interview Special **6.20** X-Men: Days of Future Past (2014) Superhero time travel adventure. See Film Of The Day. **9.00** Thor (2011) Fantasy adventure, starring Chris Hemsworth. **11.15** 47 Ronin (2013) Fantasy adventure, with Keanu Reeves. **1.30** Mama (2013) Horror, with Jessica Chastain.

SKY WITNESS

7.00 Border Security: America's Front Line **8.00** CSI: Crime Scene Investigation **9.00** Criminal Minds **10.00** Send in the Dogs **11.00** Motorway Patrol **12.00** Highway Cops **1.00** Paramedics **2.00** Road Wars **3.00** Motorway Patrol **4.00** Nothing to Declare **5.00** Border Security: America's Front Line **6.00** Send in the Dogs **7.00** Paramedics **8.00** Criminal Minds **10.00** Blindspot **11.00** Criminal Minds **12.00** Britain's Most Evil Killers **1.00** The Good Doctor **2.00** Murders That Shocked the Nation **3.00** UK Border Force

E4

6.00 Hollyoaks **7.00** Mike & Molly **8.00** Baby Daddy **9.00** Melissa & Joey **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Melissa & Joey **3.00** Baby Daddy **4.00** Brooklyn Nine-Nine **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Brooklyn Nine-Nine **8.00** Young Sheldon **8.30** The Big Bang Theory **9.00** Made in Chelsea **10.00** Club Rep Wars **11.05** The Big Bang Theory **12.05** Naked Attraction **1.10** Gogglebox **2.10** Made in Chelsea

CBS ACTION

6.00 Teleshopping **9.00** Diagnosis Murder **10.55** Bonanza **2.00** Walker, Texas Ranger **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** JAG **6.00** Diagnosis Murder **8.00** Walker, Texas Ranger. Walker tries to rescue a Mexican presidential candidate. **9.00** Scorpion. **10.00** NCIS: Los Angeles. Eric goes undercover when a rocket engine expert is killed. **11.00** NCIS. A bomb kills the Secretary of the US Navy. **12.00** CSI: Miami **12.55** Scorpion **1.55** JAG **2.50** MacGyver **3.45** Walker, Texas Ranger **4.35** Mission: Impossible

CBS REALITY

6.00 Teleshopping. Home retail. **9.00** Judge Judy. American reality series. **10.00** Bondi Rescue **11.00** Donal MacIntyre: Unsolved **12.00** Murder for Hire **1.00** Judge Judy **3.00** Bondi Rescue **4.00** Donal MacIntyre: Unsolved **5.00** Judge Judy **7.00** 48 Hours: Mystery **8.00** Medical Detectives **9.00** Dark Waters of Crime **10.00** Something's Killing Me **11.00** Sins and Secrets **12.00** Catch My Killer **1.00** Dark Waters of Crime **2.00** Something's Killing Me **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy

ONES TO WATCH...

MONDAY
3 DECEMBER



NEW SERIES

Nadiya's Asian Odyssey

9pm, BBC1

Bake Offstar Nadiya Hussain is off on a new culinary adventure in her brand new series. After making some surprising discoveries about her DNA she's off to Cambodia and Thailand to visit the places, people and food of the areas. Tonight we'll see her venture from the world-famous temples of Angkor Wat in Cambodia to a small island in South Thailand with a traditional Muslim culture. She'll also be visiting a floating community who live on the biggest lakes in south-east Asia – the Tonle Sap. Here she'll be getting stuck into making prahok, a fermented fish paste that is

hugely popular in the area. Nadiya will then head to an incredible baking school in Cambodia that is helping to train young girls from a disadvantaged background the art of French patisserie. She'll also visit a grove of sugar palm trees where she helps with the laborious process of making sugar. Then she's off to Bangkok for a rather unusual task – working with one of the country's top chefs. The duo will be reworking a staple of Thai cuisine – insects. But instead of eating the creepy crawlies deep fried or boiled, they'll be turning them into crisps. ★★★★☆

NEW SERIES

The Best Christmas Food Ever

3.45pm, BBC1

Paul Ainsworth and Catherine Fulvio will be helping the nation get Christmas ready alongside Martine McCutcheon in this new series which will air daily in the afternoons. Today we'll learn how to make roasted rib of beef with the ultimate decadent treat – sticky toffee pudding. Plus, there will be truffles and brandy-cured salmon too. ★★★★☆

NEW SERIES

The Martin Lewis Money Show

8pm, ITV

This week Martin and his co-hosts Angellica Bell will be assessing how the new energy price-cap will affect us all and ways that we can use the new pricing to save money. Martin will be looking at how the cap will work and what this means for gas and electricity bills for everyone. Plus, he'll be giving us a tip on fast food guaranteed to save us a few pounds. ★★★★☆

FILM OF THE DAY

X-Men: Days of Future Past

6.20pm, Film4

Dr Bolivar Trask (Peter Dinklage) is convinced that mutants are threatening the future of humans so he develops robotic weapons capable of detecting the mutant genes. But by the 21st century these have become massive killing machines. Mutants are now facing extinction so Wolverine must go back in time to alter the creation of these monsters. ★★★★☆

BBC1

6.00 Breakfast **9.15** Defenders UK
10.00 Homes Under the Hammer **11.00**
A Matter of Life and Debt (R) **11.45** **III**
Gotten Gains **12.15** Bargain Hunt. From the Royal Welsh Showground. (R) **1.00**
BBC News at One, Weather **1.30** Local News, Weather **1.45** Doctors. Ayesha is asked to direct a student allergy play in Heston's absence. **2.15** The Doctor Blake Mysteries. The medic investigates a fire fighter's death. (R) **3.15** Escape to the Country. A couple search for a rural home in Dorset with a budget of £1.2million. (R) **3.45** The Best Christmas Food Ever. Culinary secrets with Paul Ainsworth, Catherine Fulvio and Christopher Biggins. **4.30** Flog It! From Gloucester Cathedral. (R) **5.15-6.00** Pointless (R)

6.00 BBC News at Six, Weather

Catch up with all the headlines from around the world.

6.30 Local News, Weather

Catch up with all the headlines from around your region.

7.00 The One Show

Topical reports, presented by Matt Baker and Alex Jones.

7.30 EastEnders

Billy meddles in Honey and Adam's relationship.

8.00 Holby City

A beloved face from the past forces Serena to think about her future. Dom and Lofty find themselves at a crossroads when a game highlights the cracks in their relationship.

PICK 9.00 Mrs Wilson

Alison is on the tail of Dorothy – finding photographs of her from Alec's stint in India. Having traced her to Yorkshire, she demands to hear the truth. See *Ones To Watch*.

10.00 BBC News at Ten

Catch up with all the headlines from around the world.

10.30 Local News, Weather

10.45 Sports Personality 2018: A Great Sporting Year Jessica Ennis-Hill looks back at the year's highlights on the sporting calendar, which included events such as the Winter Olympics.

11.45 Stacey Dooley in the USA: Girls Behind Bars

Stacey Dooley meets girls who are preparing to face time in the country's only prison boot camp for women. (R)

12.50-6.00 BBC News. Catch up with the latest headlines. Plus, weather.

BBC2

6.30 The Best Christmas Food Ever (R)
7.15 Bargain Hunt (R) **8.00** Sign Zone: MasterChef: The Professionals (R) **9.00** BBC News at 9 **10.00** Victoria Derbyshire. News and current affairs. **11.00** BBC Newsroom Live **12.15** Politics Live **1.00** Live Snooker: UK Championship. Coverage of the seventh day at the Barbican Centre in York. Eventual champion Ronnie O'Sullivan was in fine form in this round last year, thrashing Michael White 6-1. Hazel Irvine presents, with commentary and analysis from Steve Davis, John Parrott, Ken Doherty, Stephen Hendry, Alan McManus and Dennis Taylor. **5.15-6.00** Put Your Money Where Your Mouth Is. Jolyne Hearnenden and Danny Sebastian go antique-hunting in Annecy, France. (R)

6.00 Richard Osman's House of Games

Featuring a variety of entertaining trivia-based games.

6.30 Strictly: It Takes Two

Zoe Ball chats to the couple who avoided elimination on Sunday.

7.00 Celebrity Antiques Road Trip

Comedian Russell Kane and presenter AJ Odudu navigate their way around Shropshire looking for antiques, accompanied by experts Phil Serrell and Margie Cooper.

8.00 MasterChef: The Professionals

It is Knockout Week, and challenges for the remaining dozen contestants include creating a spectacular plate of food from sweet and savoury ingredients.

9.00 School

Poor discipline in class threatens results across the Trust. As exclusion rates rise, a strict new behaviour system is introduced, isolating offenders in silent all-day detention.

10.00 I'll Get This

Five famous faces play a series of games while out for a meal.

10.30 Newsnight, Weather

Analysis of the day's events, presented by Kirsty Wark.

11.15 NFL This Week

Mark Chapman is joined by Osi Umenyiora and Jason Bell to present action from the week 13 fixtures, including Philadelphia Eagles v Washington Redskins.

12.05 Snooker: UK Championship.

Hazel Irvine presents highlights of one of this afternoon's last-32 matches. **12.55** Snooker: UK Championship Extra **2.55** Sign Zone: Made in Great Britain (R) **3.55** Sign Zone: Heir Hunters with Michael Buerk (R) **4.40-6.30** This Is BBC Two

ITV

6.00 Good Morning Britain. Simon Callow is in the studio ahead of returning to the West End with his show, A Christmas Carol. He also discusses bringing it to the big screen. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show **10.30** This Morning. A mix of celebrity chat, lifestyle features, advice and competitions, presented by Phillip Schofield and Rochelle Humes. Including Local Weather. **12.30** Loose Women **1.30** ITV Lunchtime News **1.55** Local News **2.00** Judge Rinder. Real-life cases in a court room. **3.00** Dickinson's Real Deal. David Dickinson and his team head to Oswestry in Shropshire. **3.59** ITV Local Weather **4.00** Tipping Point. Gameshow, hosted by Ben Shephard. **5.00-6.00** The Chase. Hosted by Bradley Walsh.

6.00 Local News, Weather

Catch up with all the headlines from around your region.

6.30 ITV News, Weather

Catch up with all the headlines from around the world.

7.00 Emmerdale

Bob makes an error and Daz gets some unexpected news.

7.30 Judge Rinder's Crime Stories

Robert Rinder examines the case of Claire Throssell.

PICK 8.00 How to Spend It Well at Christmas with Phillip Schofield

The best gifts and gadgets are assessed by the host, his wife and the British public. Plus, brand versus budget tests. See *Ones To Watch*.

9.00 I'm a Celebrity... Get Me Out of Here!

They may be hungry and homesick, but the celebrities will need to keep winning food for camp if they are to survive and thrive, and make it all the way to the end. Declan Donnelly and Holly Willoughby present.

10.30 ITV News, Weather

Catch up with all the headlines from around the world.

11.00 Local News, Weather

11.20 Heathrow: Britain's Busiest Airport The Border Force pull over a businessman declaring £114,000 in cash. (R)

11.50 Lethal Weapon

Riggs and Murtaugh are on the case of a hitman who Murtaugh has been following for almost 17 years. Clayne Crawford stars. (R)

12.40 Jackpot247. Live gaming. **3.00**

Loose Women (R) **3.50** ITV Nightshift **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.30 3rd Rock from the Sun (R) **6.55** 3rd Rock from the Sun (R) **7.20** 3rd Rock from the Sun (R) **7.45** Everybody Loves Raymond (R) **8.10** Everybody Loves Raymond (R) **8.40** Frasier (R) **9.05** Frasier (R) **9.35** Frasier (R) **10.05** Ramsay's Kitchen Nightmares USA (R) **11.00** The Simpsons. Bart's efforts to impress his friends backfire. (R) **11.30** The Simpsons (R) **12.00** Channel 4 News Summary **12.05** A New Life in the Sun. Two new B&B owners welcome their first guests in the French Dordogne. (R) **1.05** My Family Secrets Revealed **2.10** Countdown **3.00** Fifteen to One **4.00** A Place in the Sun **5.00-6.00** Kirstie's Handmade Christmas. Four talented makers race against the clock to create a unique seasonal present.

6.00 The Simpsons

The residents of Springfield learn their anthem was stolen.

6.30 Hollyoaks

Cindy lashes out when Donna Marie is wearing Dirk's shirt. (R)

7.00 Channel 4 News

Including sport and weather.

7.55 The Political Slot**8.00 Lego Masters**

Melvin Odoom hosts the final, and the four remaining teams must build a walking, talking robo-pet. The last two teams have seven days to create the biggest build of their lives.

PICK 9.00 999: What's Your Emergency?

Examining the views of those with learning disabilities for who contact with the world can be distressing and the conflicting attitudes among officers. See *Ones To Watch*.

10.00 Gogglebox

The armchair critics share their opinions on what they have been watching. The show captures their instant reactions and lively discussions from the comfort of their own homes. (R)

11.05 Naked Attraction

Bristol fitness fan Rose and Basingstoke coffee shop worker Clarissa each choose a date from six naked people, whose bodies are revealed one section at a time. (R)

12.05 Ramsay's Hotel Hell (R) **1.00** Grand Designs: House of the Year (R) **1.55** FILM: *Anna and the King* (1999) Period drama, starring Jodie Foster and Chow Yun-Fat.

4.20 Food Unwrapped (R) **4.45** Jamie's Comfort Food Bites (R) **4.55** Fifteen to One (R) **5.50-6.30** Countdown (R)

Channel 5

6.00 Milkshake! **9.15** Jeremy Vine **11.15** FILM: *My Christmas Dream* (2016) A department store manager needs the help of an artist recently fired from the shop to impress her boss. Romantic drama, starring Danica McKellar and David Haydn-Jones. **12.45** Neighbours **1.15** FILM: *Christmas in Conway* (2013) Festive romantic drama, starring Andy Garcia. **3.05** FILM: *A Christmas Tail* (2014) Premiere. Two single parents fall in love while fighting over a puppy to give to their children for Christmas. Family drama, starring Chandra West and Antonio Cupo. **4.45** 5 News **5.00** Friends. Monica and Rachel lose their tempers. (R) **5.30-6.00** Friends. Rachel helps her sister. (R)

6.00 Neighbours

Paul declares his feelings and begs Jane not to leave. (R)

6.30 5 News Tonight, Weather

Featuring the latest headlines.

7.00 UK's Strongest Man 2018

Action from the final on day three of the event staged in St Albans, with events including the tyre load, deadlift, log lift medley, truck pull and the stones of strength.

8.00 Our Yorkshire Farm

As spring comes to the Yorkshire Dales, shepherds Amanda and Clive Owen keep a close eye on their flock as lambing begins on the wild moors of their exposed hill farm.

9.00 Lockerbie: The Unheard Voices

Documentary examining the downing of the Pan Am flight in 1988. The stories of six victims and six survivors are told, including the man who got drunk at Heathrow and missed the flight, the mother and daughter who flipped a coin to decide whid travel and the father taking his family on holiday.

10.30 Curvy Girls: Stripped Bare

Part two of two. Plus-size models Lauren, Charlotte and Alo reveal the highs and lows of their work – and for Lauren, there is good news on the horizon.

11.30 Fat, Fabulous & Filthy Rich

People who are cashing in on the fuller figure, from a woman blazing a trail in the plus-size world with dating sites to a man making large coffins. (R)

12.30 65 Stone & Trapped in My House

1.15 SuperCasino **3.10** Esther Rantzen's House Trap (R) **4.00** Get Your Tatts Out: Kavos Ink (R) **4.45** House Doctor (R)

REGIONAL VARIATIONS:

WALES **11.20** The Imitation Game **STV** **11.00** Scotland Tonight **11.25** STV News, Weather **11.35** Goodwood Revival **12.35** Bad Move **1.00** ITV Nightscreen **UTV** **7.30** UV Up Close **BBC1**

N IRELAND **10.40** Spotlight **11.10** Sports Personality 2018: A Great Sporting Year **12.10** Stacey Dooley in the USA: Girls Behind Bars **BBC1 SCOTLAND** **8.00** River City **10.45** Holby City

The Shelbourne **3.30** Today with Maura and Dáithí **6.00** The Ellen DeGeneres Show **10.50** Dr Phil **11.45** Shortland Street **12.15** Doctors **12.45** Telly Bingo **1.00** News **1.30** Neighbours **2.00** EastEnders **2.30** Frock Finders **3.00** The Choir of Ages **12.25** One of Us **1.35** Chicago Justice **2.25** Redwater **3.25** Prime Time **4.00** Telly Bingo **4.10** Shortland Street **4.35** Dr Phil **5AC** **6.00** Cyw **12.00** Newyddion S4C a'r Tywydd **12.05** Llefyrdd Sanctaidd **12.30** Tair Dinas a Goncrod y Byd **1.30** Bwyd Epic Chris **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhwch Da **3.00** Newyddion S4C a'r Tywydd **3.05** Yr Ocsïnniar **3.30** Corff Pwy Sy' yn yr Arch? **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Llys Nini **6.30** Rownd a Rownd **7.00** Pobol y Cwm **8.00** Cefn Gwlad **9.00** Newyddion 9 a'r Tywydd **9.30** Y Byd ar Bedwar **10.00** Gwesty Adnuniad **11.00** Cerys Matthews a'r Goeden

OVER ON DIGITAL

STAR

6.00 Teleshopping **8.00** Last Man Standing **8.25**
Dance Moms **10.05** Last Man Standing **11.05**
Two and a Half Men **12.00** Police Interceptors **1.00** Can't Pay? We'll Take It Away! **3.00** Neighbours **3.35** My Wife and Kids **5.35** Two and a Half Men **6.30** Neighbours **7.00** Riverdale **8.00** FILM: Hellboy (2004)
Comic-book action fantasy. **10.20** The Sex Business: Porn Stars **11.20**
The Sex Business: Working from Home **12.20** The Sex Business: Working the Streets **1.20** My Extreme OCD Life **3.10** Rich Kids Go Skint

SUSA

6.00 Teleshopping **9.00** Access **9.05** Catch a Contractor **9.30** CSI: Crime Scene Investigation **11.10** Law & Order **1.10** CSI: NY **2.05** NCIS **3.05** Castle **4.05** Law & Order **6.00** CSI: NY **7.00** NCIS **8.00** NCIS **9.00** Law & Order: Special Victims Unit **10.00** Law & Order: Special Victims Unit. The detectives hunt for a recently paroled rapist. **11.00** Law & Order: Special Victims Unit **11.55** Castle **12.55** CSI: Crime Scene Investigation **1.55** CSI: Crime Scene Investigation **2.50** CSI: Crime Scene Investigation **3.50** Access

ITV2

6.50 You've Been Framed! Gold **7.10** Ninja Warrior UK **8.00** Emmerdale **8.25** Coronation Street **9.25** Ellen DeGeneres **10.20** Planet's Got Talent **10.50** I'm a Celebrity... Get Me Out of Here! **12.15** Emmerdale **12.45** Coronation Street **1.45** Ellen DeGeneres **2.40** Jeremy Kyle **6.00** I'm a Celebrity... Get Me Out of Here! **7.30** You've Been Framed! Gold **8.00** Two and a Half Men **9.00** Family Guy **10.30** I'm a Celebrity: Extra Camp **11.35** Family Guy **12.05** American Dad! **1.00** Bordertown **1.55** Two and a Half Men

SKY ONE

6.00 Monkey Life **7.00** RSPCA Animal Rescue **8.00** Brit Cops: Rapid Response **9.00** Babylon **5.10** Warehouse 13 **11.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** MacGyver **4.00** Modern Family. American sitcom. **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Arrow **9.00** SEAL Team **10.00** The Reluctant Landlord **10.30** The Russell Howard Hour **11.30** A League of Their Own **12.30** Road Wars **1.00** Most Shocking **1.50** The Heist **3.00** DC's Legends of Tomorrow **4.00** Babylon 5 **5.00** Futurama

SKY ATLANTIC

6.00 Storm City. Documentary. **7.00** The West Wing **9.00** House **11.00** Without a Trace **12.00** Blue Bloods **2.00** The West Wing **4.00** House **6.00** CSI: Crime Scene Investigation **7.00** Blue Bloods. Danny and Baez investigate a kidnapping. **9.00** My Brilliant Friend. Italian drama series based on Elena Ferrante's novel, following the lives of two girls from Naples over six decades of their friendship. **10.10** True Detective **12.30** Ray Donovan **1.40** Get Shorty **2.40** Entourage **3.15** Fortitude **4.15** The West Wing

FILM4

11.00 Funeral in Berlin (1966) Cold War thriller. **1.05** Flying Tigers (1942) World War Two drama. **3.10** Guadalcanal Diary (1943) World War Two drama, starring Preston Foster. **5.00** Posse from Hell (1961) Western, starring Audie Murphy. **6.45** Gallipoli (1981) World War One drama, starring Mel Gibson. See Film Of The Day. **9.00** Star Trek Into Darkness (2013) Sci-fi adventure sequel, starring Chris Pine. **11.35** The Watch (2012) Sci-fi comedy, starring Ben Stiller. **1.40** Cosmos (2015) Premiere. Thriller.

SKY WITNESS

7.00 Border Security: America's Front Line **8.00** CSI: Crime Scene Investigation **9.00** Criminal Minds **10.00** Send in the Dogs **11.00** Motorway Patrol **12.00** Highway Cops **1.00** Paramedics **2.00** Road Wars **3.00** Motorway Patrol **4.00** Nothing to Declare **5.00** Border Security: America's Front Line **6.00** Send in the Dogs **7.00** Paramedics **8.00** Criminal Minds **9.00** The Good Doctor **10.00** Murders That Shocked the Nation **11.00** Criminal Minds **12.00** Britain's Most Evil Killers **1.00** Grey's Anatomy **2.00** 9-1-1

E4

6.00 Hollyoaks **7.00** Mike & Molly **8.00** Baby Daddy **9.00** Melissa & Joey **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Melissa & Joey **3.00** Baby Daddy **4.00** Brooklyn Nine-Nine **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Brooklyn Nine-Nine **8.00** The Big Bang Theory **9.00** Tattoo Fixers: Extreme **10.00** FILM: Colombiana (2011) Action thriller, with Zoe Saldana. **12.10** The Big Bang Theory **1.05** Naked Attraction

CBS ACTION

6.00 Teleshopping **9.00** Diagnosis Murder **10.55** Bonanza **2.00** Walker, Texas Ranger **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** JAG. A sailor is charged with desertion. **6.00** Diagnosis Murder **8.00** Walker, Texas Ranger. An escaped convict seeks revenge. **9.00** Scorpion **10.00** NCIS: Los Angeles. Deeks tries to protect his best friend from a group of arms traffickers. **11.00** NCIS. Tony travels to Tel Aviv to find Ziva. **12.00** CSI: Miami **12.55** Scorpion **1.55** JAG **2.50** MacGyver **3.45** Walker, Texas Ranger **4.30** Mission: Impossible

CBS REALITY

6.00 Teleshopping **9.00** Judge Judy **10.00** Bondi Rescue **11.00** 48 Hours: Mystery **12.00** Murder for Hire **1.00** Judge Judy **3.00** Bondi Rescue **4.00** 48 Hours: Mystery **5.00** Judge Judy **7.00** 48 Hours: Mystery. Real-life crimes and mysteries. **8.00** Medical Detectives **9.00** Dark Waters of Crime **10.00** OAPs Who Kill. Following seniors who have committed murder. **11.00** Sins and Secrets **12.00** Catch My Killer **1.00** Dark Waters of Crime **2.00** OAPs Who Kill **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy

ONES TO WATCH...

TUESDAY
4 DECEMBER



How to Spend It Well at Christmas with Phillip Schofield

8pm, ITV

Phillip Schofield is back with another week of tips and tricks that could help us save in the run up to Christmas. Last week we were treated to toys, so this week it's the turn of gifts and gadgets. Phil and his wife Stephanie will be working with the Great British public to road test some of the top pieces of tech available to buy this festive season. First up is the brand test. Ten couples will be blindfolded as they try out some of the best gizmos made from top manufacturers to brands you might not even have heard of to find out if a name is really what makes a

product so great. Also tonight, Gok Wan is on the hunt for the perfect gift for his pet pooch Dolly. He's heading to a pet boutique which sells collars that can cost as much as £1,000. He'll be trying out other items for dogs too, including a dog selfie ball holder, pawsecco drinks and squeaky sprout dog toys. Love Island stars Jack Fowler, Josh Denzel and Jack Fincham are also on hand to test out some top wireless headphones and members of the public will be smelling a selection of popular perfumes – both expensive and not so expensive. ★★★★☆



Mrs Wilson

9pm, BBC1

Tonight Alison, played by Ruth Wilson, is on the hunt for another of Alec's wives – Dorothy (Keeley Hawes). She makes the discovery of her existence after finding pictures of her husband with Dorothy in India, so heads to see his handler to find out more. She eventually tracks Dorothy to Yorkshire and feels it is right to pay her a visit. ★★★★☆



999: What's Your Emergency?

9pm, Channel 4

We're with the Wiltshire police, paramedics and fire services as they respond to urgent calls from the public. This week the police are called to help a mother whose autistic son is attacking her. Plus, a young man with Down's syndrome is causing a disturbance at his local pub and another man with Asperger's is called in on suspicion of making hoax calls. ★★★★☆



Gallipoli

6.45pm, Film4

Mark Lee and Mel Gibson star as two Australian runners, both keen to join the army in this 1915 war epic. The pair, Archy and Frank, are turned down because of their age so they decide to catch a train to Perth where they can sign up. After learning their new trade in Egypt the boys are sent to the front line where their running skills come in handy. ★★★★☆

BBC1

6.00 Breakfast **9.15** Defenders UK
10.00 Homes Under the Hammer (R)
11.00 A Matter of Life and Debt (R)
11.45 III Gotten Gains **12.15** Bargain Hunt (R) **1.00** BBC News at One, Weather **1.30** Local News, Weather **1.45** Doctors **2.15** The Doctor Blake Mysteries (R) **3.10** Escape to the Country. Jonnie Irwin goes property hunting with a couple of new grandparents in rural Wiltshire. (R) **3.45** The Best Christmas Food Ever. Festive recipes include pheasant breast with wild mushrooms and spiced poached pears. **4.30** Flog It! Paul Martin visits Rodmorton, an extraordinary Arts and Crafts House in the Cotswolds. **5.15-6.00** Pointless. Hosted by Alexander Armstrong. (R)

6.00 BBC News at Six, Weather

The latest national headlines, including sport and weather.

6.30 Local News, Weather

The latest regional bulletin, including sport and weather.

7.00 The One Show

Matt Baker and Alex Jones host the magazine show, with stories of interest from around the UK, plus celebrity guests.

8.00 Watchdog Live

Steph McGovern, Matt Allwright and Nikki Fox expose more big names letting viewers down. The customer service of the big six energy companies is put to the test.

9.00 The Apprentice

The six remaining candidates are challenged to produce and brand a new chocolate range. One team opt to make high-end products, which end up being boring and bland.

10.00 BBC News, Weather

The latest national headlines, including sport and weather.

10.30 Local News, Weather

10.45 Match of the Day Gary Lineker presents action from the midweek Premier League fixtures, including Manchester United v Arsenal at Old Trafford and Burnley v Liverpool at Turf Moor. The Gunners were looking for revenge after last season, while the Reds faced a potentially tricky away game.

12.15 Michael McIntyre's Big Show. The lively comedian hosts an evening of entertainment, recorded in front of an audience at London's Theatre Royal on Drury Lane. (R) **1.20-6.00** BBC News. The latest national headlines.

BBC2

6.30 The Best Christmas Food Ever (R) **7.15** Bargain Hunt (R) **8.00** Sign Zone: See Hear **8.30** Sign Zone: Great British Menu (R) **9.00** BBC News at **9.10** Victoria Derbyshire. News and current affairs. **11.00** BBC Newsroom Live **11.15** Politics Live **1.00** Live Snooker: UK Championship. Coverage of the eighth day at the Barbican Centre in York, featuring best-of-11-frame matches in the last 16 of the tournament. Two of the tournament's surprise packages met in this round last year, with Mark Joyce overcoming Lyu Haotian 6-4. Hazel Irvine presents, with commentary from Steve Davis, John Parrott, Ken Doherty, Stephen Hendry, Alan McManus and Dennis Taylor. **5.15** Put Your Money Where Your Mouth Is (R)

6.00 Richard Osman's House of Games

Gueststake part in a variety of trivia-based games.

6.30 Strictly: It Takes Two

Zoe Ball discusses all of the backstage gossip and news.

7.00 Celebrity Antiques Road Trip

Poet Pam Ayres and actor Geoffrey Whitehead join experts James Braxton and Kate Bliss on a quest to find items to sell at an auction in Cirencester, Gloucestershire. (R)

8.00 MasterChef: The Professionals

The first group of remaining contestants are set two daunting challenges by Monica and Marcus, first working together to create a three-course fine dining menu.

PICK 9.00 Death and Nightingales

Beth decides to tell Mercy that she is leaving Fermanagh, but Mercy protests and exclaims that it will break her heart. Period drama, starring Ann Skelly. See *Ones To Watch*.

10.00 The Apprentice: You're Fired

An interview with the show's rejected candidate.

10.30 Newsnight

Analysis of the day's events, presented by Emily Maitlis.

11.15 Snooker: UK Championship

Hazel Irvine presents action from this evening's last-16 matches at the Barbican Centre in York.

12.05 Snooker: UK Championship Extra

Jason Mohammad presents extended highlights of one of this afternoon's last-16 matches. **2.05** Sign Zone: See Hear (R) **2.35** Sign Zone: School (R) **3.35-6.30** This Is BBC Two. Previews of upcoming programmes on BBC Two.

ITV

6.00 Good Morning Britain, Star of Black Panther, The Hobbit, King Kong, Planet of the Apes and Star Wars Andy Serkis chats about Mowgli, which he has directed and stars in as Baloo. **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning. A mix of celebrity chat, lifestyle features, advice and competitions. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV Lunchtime News **1.55** Local News, Weather, Bulletin. **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. David Dickinson and his dealers are in Dunstable. **3.59** ITV Local Weather **4.00** Tipping Point. Gameshow, hosted by Ben Shephard. **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News, Weather

The latest regional bulletin, including sport and weather.

6.30 ITV News, Weather

The latest national headlines, including sport and weather.

7.00 Emmerdale

Doug vents his frustration and Jacob makes an admission.

7.30 Coronation Street

Toyah and Imran hide their rekindled passion from Leanne.

PICK 8.00 Paul O'Grady: For the Love of Dogs

Featuring a French bulldog. See *Ones To Watch*.

8.30 Coronation Street

Ahead of her departure, Fiz buries the hatchet with Evelyn.

9.00 I'm a Celebrity... Get Me Out of Here!

Declan Donnelly and Holly Willoughby host the celebrity survival challenge, which sees a group of famous faces living in the Australian jungle, struggling to complete the daily tasks and Bushtucker Trials. They may be on the home stretch, but the celebrities face yet more challenges in camp.

10.30 ITV News, Weather

The latest national headlines, including sport and weather.

11.00 Local News, Weather

The latest regional bulletin.

11.20 Peston

Political magazine show presented by Robert Peston, featuring major interviews with members of Westminster.

12.15 Jackpot247

Viewers are offered the chance to participate in live interactive gaming from the comfort of their sofas. **3.00** Safe House (R) **3.50** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show. Guests air their differences. (R)

Channel 4

6.30 3rd Rock from the Sun (R) **6.55** 3rd Rock from the Sun (R) **7.20** 3rd Rock from the Sun (R) **7.45** Everybody Loves Raymond (R) **8.10** Everybody Loves Raymond (R) **8.40** Frasier (R) **9.10** Frasier (R) **9.35** Frasier (R) **10.05** Ramsay's Kitchen Nightmares USA. The chef visits a Japanese restaurant in California. (R) **11.00** The Simpsons. Marge contemplates an affair. (R) **11.30** The Simpsons (R) **12.00** Channel 4 News Summary **12.05** A New Life in the Sun (R) **1.05** My Family Secrets Revealed **2.10** Countdown **3.00** Fifteen to One **4.00** A Place in the Sun. Jean Johansson searches for a holiday home around Estepona on the Costa del Sol. **5.00-6.00** Kirstie's Handmade Christmas. Kirstie Allsopp hosts a tree competition.

6.00 The Simpsons

Homer inadvertently causes Moe to become bankrupt.

6.30 Hollyoaks

Laurie takes charge as Sienna loses control of the class. (R)

7.00 Channel 4 News

The latest national headlines, including sport and weather.

7.55 The Political Slot

PICK 8.00 The Secret Life of the Zoo Young meerkat parents Huskie and Beagle have a new baby, Junior, but he falls gravely ill. Meanwhile, red panda Nima meets a new mate, Koda. See *Ones To Watch*.

9.00 World's Weirdest Homes

Charlie Luxton explores jaw-dropping homes and unusual residences and examines why the people who live in them choose to escape the everyday world.

10.00 North Korea: Life Inside the Secret State

North Korean citizens reveal what it is like to live in the world's most secretive country, illustrating what life is like for the 24 million people living under communist rule.

11.00 24 Hours in A&E

This edition focuses on stories of triumph in the face of adversity. Nikkita, 27, is brought to A&E by ambulance after having a severe epileptic fit and her dad Derry is by her side for comfort. (R)

12.05 Pokerstars Caribbean Adventure

1.00 FILM: The River Wild (1994) Action thriller. **2.50** Unreported World (R) **3.15** Big House, Little House (R) **4.10** Food Unwrapped (R) **4.35** Kirstie's Fill Your House for Free (R) **4.55** Fifteen to One (R) **5.50-6.30** Countdown (R)

Channel 5

6.00 Milkshake! **9.15** Jeremy Vine **11.15 FILM: Christmas at Holly Lodge** (2017) Romantic drama, with Alison Sweeney and Jordan Bridges. **12.45** Neighbours **1.15 FILM: A Winter Wedding** (2017) Family conflicts spoil a happy couple's run-up to their big day, and their planned wedding in the tropics is cancelled. Romantic drama, with Andrea Bowen and Nick Bateman. **3.00 FILM: Last Christmas at Home** (2018) Premiere. Coming back home for Christmas, Megan is desperate to keep her beloved childhood home from being bought by her high-school sweetheart. Festive drama, starring Erin Cahill. **4.45** News at 5 **5.00 Friends** (R) **5.30-6.00** Friends. Part one of two. (R)

6.00 Neighbours

Elly finds herself the subject of romantic attention. (R)

6.30 5 News Tonight

The latest national headlines, including sport and weather.

7.00 UK's Strongest Man 2018

Dan Lobb presents action from day one of the event at Crumlin Road Gaol in Belfast, where four-time World's Strongest Man Zydrunas Savickas returned to defend this title.

8.00 GPs: Behind Closed Doors

An older patient is worried about some lumps he has on his groin and a Polish lady visits the surgery in severe pain. Other patients include a middle aged man suffering from depression.

9.00 HMS Belfast: WW2's Great Survivor

Rob Bell delves into the fascinating history of the World War Two cruiser, HMS Belfast, the sole survivor of the British ships that bombarded the Normandy coast on D-Day.

10.00 Draining the Sunken Pirate City

Dr Jon Henderson investigates the ruins of Port Royal, hidden beneath the waters of Jamaica's Kingston Harbour after an earthquake and tsunami destroyed the city.

11.05 Inside Prison City: Anarchy From Within

Life inside six of the toughest prisons in the world, beginning with San Pedro Prison in La Paz, Bolivia, where the inmates rule and anarchy prevails. (R)

12.05 Armed and Deadly: Police UK (R)

1.00 SuperCasino. Live interactive gaming from the comfort of home. **3.10** Britain by Boat: 2 Grumpy Sailors (R) **4.00** Get Your Tatts Out: Kavos Ink (R) **4.45** House Doctor (R) **5.10** Divine Designs (R) **5.35-6.00** Wildlife SOS (R)

■**REGIONAL VARIATIONS:**

STV 11.00 Scotland Tonight **11.25** STV News **11.35** Peston **BBC1 N IRELAND 10.40** Right Right Now **11.10** Match of the Day **12.40** Michael McIntyre's Big Show **1.40** BBC News **BBC1 SCOTLAND 10.45** Still Game **11.15** Match of the Day **12.45** Sportscene **1.50** BBC News **BBC2 N IRELAND 11.15** Spotlight I Lár an Aonaigh **12.15** Snooker: UK Championship **1.05** Shortland Street **11.15** Doctors **11.50** Leaders' Questions **1.00** News **1.30** Neighbours **2.00** EastEnders **2.30** Frock Finders **3.00** Fair City **3.30** Today with Maura and Dáithí **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Donal's Meals in Minutes **8.00** Fair City **8.30** Neven's Kilkenny Christmas **9.00** News **9.35** RTÉ Investigates – Land of Hope & Homeless **10.40** Mrs Brown's Boys **11.20** Who Do You Think You Are? USA **12.15** Michael McIntyre's Big Show **1.45** Dysgu Cyw: Jen a Mlyn Pob Dim **11.15** Dysgu Cyw: Fflific a Fflac **1.15** Dysgu Cyw: Jen a Mlyn Pob Dim **11.30** Dysgu Cyw: ABC **11.45** Dysgu Cyw: Holi Hana **12.00** Newyddion S4C a'r Twywyd Newyddion S4C a'r Twywyd **3.05** Pengelli **3.30** Crwydro Gaeaf **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Twywyd **6.05** Olion: Palu am Hanes **6.30** Bywyd Epis Chris **7.00** Heno **8.00** Pobol y Cwm **8.25** Celwydd Noeth **9.00** Newyddion 9 a'r Twywyd **9.30** Diant! **10.30** Rygbi Pawb **11.15** Lorlia Mansel Davies a'i Fab

OVER ON DIGITAL

5STAR

8.00 Last Man Standing **8.25** Dance Moms
10.05 Last Man Standing **11.05** Two and a Half Men
Men **12.00** Police Interceptors **1.00** Can't Pay? We'll Take It Away! **3.00**
Neighbours **3.35** My Wife and Kids **5.35** Two and a Half Men **6.30**
Neighbours **7.00** Riverdale **8.00** Can't Pay Special: Secrets and Lies
9.00 Can't Pay? We'll Take It Away! **10.00** FILM: The Blind Side (2009)
Fact-based drama. **12.40** I'm 20 but Look 60: Extraordinary People **1.40**
Nando's Saucy Secrets **2.40** Young, Dumb and Banged Up in the Sun

SUSA

6.00 Teleshopping **9.00** Access **9.05** Catch a Contractor **9.30** CSI: Crime Scene Investigation
10.15 CSI: Miami **11.10** Law & Order **1.10** CSI: NY **2.05** NCIS **3.05** Castle
4.05 Law & Order **6.00** CSI: NY **7.00** NCIS **8.00** NCIS **9.00** Castle **10.00**
Law & Order: Special Victims Unit **10.55** Law & Order: Special Victims Unit. A woman is found raped and murdered. **11.55** Law & Order:
Criminal Intent **12.55** CSI: Crime Scene Investigation **1.55** CSI: Crime Scene Investigation **2.50** CSI: Crime Scene Investigation **3.50** Access

ITV2

6.50 You've Been Framed! Gold **7.10** Ninja Warrior UK **8.00** Emmerdale **8.25** You've Been
Framed! Gold **9.25** Ellen DeGeneres **10.20** Planet's Got Talent **10.50**
I'm a Celebrity... Get Me Out of Here! **12.15** Emmerdale **12.45** You've Been
Framed! Gold **1.45** Ellen DeGeneres **2.40** Jeremy Kyle **6.00**
I'm a Celebrity... Get Me Out of Here! **7.30** You've Been Framed
Gold at Christmas! **8.00** Two and a Half Men **9.00** Family Guy **10.30**
I'm a Celebrity: Extra Camp **11.35** Family Guy **12.05** American Dad!

SKY ONE

6.00 Monkey Life **7.00** RSPCA Animal Rescue
8.00 Brit Cops: Rapid Response **9.00** Babylon 5
10.00 Warehouse 13 **11.00** NCIS: Los Angeles **1.00** Hawaii Five-O **3.00**
MacGyver **4.00** Modern Family **5.00** The Simpsons **5.30** Futurama **6.30**
The Simpsons **8.00** DC's Legends of Tomorrow **9.00** FILM: Superman Returns (2006) Comic-book adventure **11.55** The Russell Howard Hour
12.55 An Idiot Abroad **3.150** Most Shocking **2.45** Brit Cops: Law & Disorder **3.40** Road Wars **4.10** Babylon 5 **5.00** Futurama. Animated fun.

SKY ATLANTIC

6.00 Storm City **7.00** The West Wing **9.00** House
11.00 Without a Trace **12.00** Blue Bloods **2.00**
The West Wing **4.00** House **6.00** CSI: Crime Scene Investigation **7.00**
Blue Bloods **9.00** Ray Donovan. A masked intruder with ties to the mayor makes a threat on Sam's life. In looking for answers, Ray uncovers more than he bargained for. **10.10** Get Shorty. Miles has to navigate the fallout of the FBI raid. **11.20** Kidding **12.30** Sally4Ever
1.10 Cold Case **2.00** Richard E Grant's Hotel Secrets **3.00** Ray Donovan

FILM4

11.00 The Black Swan (1942) Swashbuckling adventure. **12.45** Run for Cover (1955) Western. **2.35** The Sheriff of Fractured Jaw (1958) Comedy Western. **4.40** Bear Island (1979) Thriller. **7.00** Ride Along (2014) Police comedy, starring Ice Cube and Kevin Hart. See Film Of The Day. **9.00** Gods of Egypt (2016) Fantasy adventure, starring Nikolaj Coster-Waldau. **11.30** Terminator Genisys (2015) Sci-fi adventure sequel, starring Arnold Schwarzenegger. **1.55** A Dark Song (2016) Psychological horror.

SKY WITNESS

6.00 Motorway Patrol **7.00** Border Security: America's Front Line **8.00** CSI: Crime Scene Investigation **9.00** Criminal Minds **10.00** Send in the Dogs **11.00**
Motorway Patrol **12.00** Highway Cops **1.00** Paramedics **2.00** Road Wars **3.00** Motorway Patrol **4.00** Nothing to Declare **5.00** Border Security: America's Front Line **7.00** Air Ambulance ER **8.00** Criminal Minds **9.00**
Grey's Anatomy **10.00** 9-1-1 **11.00** Criminal Minds **12.00** Britain's Most Evil Killers **1.00** Double Murder: The Inside Story **2.00** Criminal Minds

E4

6.00 Hollyoaks **7.00** Mike & Molly **8.00** Baby Daddy **9.00** Melissa & Joey **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Melissa & Joey **3.00** Baby Daddy **4.00** Brooklyn Nine-Nine **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Brooklyn Nine-Nine **8.00** FILM: Oblivion (2013) Sci-fi adventure, with Tom Cruise. **10.30** The Big Bang Theory **11.25** Married at First Sight USA **12.20** Naked Attraction **1.30** The Inbetweeners **2.30** Gogglebox

CBS ACTION

6.00 Teleshopping **9.00** Diagnosis Murder **10.55** Bonanza **2.00** Walker, Texas Ranger **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** JAG **6.00** Diagnosis Murder **8.00** Walker, Texas Ranger **9.00** Scorpion. The team battles a former Scorpion agent. **10.00** NCIS: Los Angeles. A man impersonating a Navy Seal dies after being set on fire. **11.00** NCIS. The team discovers a lieutenant might be planning a suicide attack. **12.00** CSI: Miami **1.00** Scorpion **2.00** JAG **2.55** MacGyver **3.50** Walker, Texas Ranger **4.35** Mission: Impossible

CBS REALITY

6.00 Teleshopping **9.00** Judge Judy **10.00** Bondi Rescue **11.00** 48 Hours: Mystery **12.00** Murder for Hire **1.00** Judge Judy **3.00** Bondi Rescue **4.00** 48 Hours: Mystery **5.00** Judge Judy **7.00** 48 Hours: Mystery. Real-life crimes and mysteries. **8.00** Medical Detectives **9.00** Dark Waters of Crime **10.00** OAPs Who Kill. Following seniors who have committed murder. **11.00** Sins and Secrets **12.00** Catch My Killer **1.00** Dark Waters of Crime **2.00** OAPs Who Kill **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy

ONES TO WATCH...

WEDNESDAY
5 DECEMBER



Paul O'Grady: For the Love of Dogs

8pm, ITV

Paul O'Grady is on hand once again to aid the team at Battersea Dogs and Cats Home as they help some of the most vulnerable animals in the country find new families. You'll need your tissues at the ready tonight as Paul meets some of the rescue pooches who are in desperate need of help. This week, Paul's with super cute puppy Stormy. He was found and saved by the home when he was only nine weeks old and now is a crucial time in his training. As an expert dog handler, Paul offers his expertise as they try to train the tricky puppy. Also tonight, Paul meets a French bulldog

called Spudnik. He isn't in a good way, his breed means that he's having difficulty breathing and the team need to operate to open up his airways. But Spudnik isn't making things easy for them, refusing to go under anesthetic whenever they attempt the procedure. Paul helps the team as they try to get the dog used to being handled by different people. If they can do that successfully they will hopefully be able to get him on the operating table. And once he's recovered from his surgery, Spudnik will hopefully be adopted by a nice new family. ★★★★☆



Death and Nightingales

9pm, BBC2

Tonight Beth tells Mercy her plans to leave Fermanagh but Mercy is devastated and tells her not to go through with it. Mercy pleads for Beth to reconsider as leaving will break both her and Billy's hearts. But Beth is determined and starts putting her plans with Liam into action. But Billy grows suspicious and starts to question her, will Beth confess? ★★★★☆



The Secret Life of the Zoo

8pm, Channel 4

New meerkat Junior is having trouble fitting in with his family. Smaller than the others, he can't get to the food and soon falls ill forcing the keepers to step in to help. Meanwhile, panda Nima is introduced to a potential mate, but instead of wooing her he chases her up a tree and leaves her dangling from the branches – not the smoothest move! ★★★★☆



Ride Along

7pm, Film4

Ben Barber (Kevin Hart) is desperate to marry his girlfriend but her brother James (Ice Cube) doesn't think he deserves her. So to prove him wrong, Ben agrees to join James for a day of work with the Atlanta City Police. Hoping to show him a terrible day, the boys find themselves on the tail of a crime boss and they're forced to work together. ★★★★☆

BBC1

6.00 Breakfast **9.15** Defenders UK. The officers crack down on landlords putting tenants' lives at risk. **10.00** Homes Under the Hammer **11.00** A Matter of Life and Debt (R) **11.45** III Gotten Gains. The Thames Valley Police economic crime unit investigate a potential fraud. **12.15** Bargain Hunt (R) **1.00** BBC News at One, Weather **1.30** Local News, Weather **1.45** Doctors. Naomi tells Jimmi she plans to move in with her fiancé. **2.15** The Doctor Blake Mysteries (R) **3.15** Escape to the Country (R) **3.45** The Best Christmas Food Ever. Festive treats including blueberry cinnamon swirls and spicy vanilla rice pudding. **4.30** Flog It! (R) **5.15-6.00** Pointless. Quiz, with Alexander Armstrong. (R)

6.00 BBC News at Six, Weather
Round-up of the latest national and international headlines.

6.30 Local News, Weather
Round-up of stories making the headlines in your region.

7.00 The One Show
Matt Baker and Alex Jones present the live magazine.

7.30 EastEnders
Alfie convinces Hayley to help out with the launch event.

8.00 A Hotel for the Super Rich & Famous Documentary about London's Corinthia Hotel. Chef Tom Kerridge launches the new restaurant and managing director Thomas Kocks attends a travel convention in Vegas.

9.00 Ambulance
A specialist crew fights to save the life of a hit-and-run victim while and paramedics are also called to a multi-storey car park where someone is threatening to jump off the roof.

10.00 BBC News at Ten
Round-up of the latest national and international headlines.

10.30 Local News, Weather

10.45 Question Time
David Dimbleby chairs the debate from Bishop's Stortford, Hertfordshire, with a panel of politicians and other guests facing topical questions from the members of the audience.

11.45 This Week
Andrew Neil introduces a round-table chat in which he and guests take a look back at the week's political and parliamentary developments.

12.35-6.00 BBC News. Rolling national and international headline service.

REGIONAL VARIATIONS:

STV **11.00** Scotland Tonight **11.25** STV News **11.40** The Imitation Game **12.10** Frustrated Britain: Caught on Camera **1.00** Christmas Buyers Beware: Tonight **UTV** **11.20** Judge Rinder's Crime Stories **BBC1 N IRELAND** **10.40** The View **11.20** Question Time **12.20** This Week **1.05** BBC News **BBC1 WALES** **8.00** Hidden Wales with Will Millard **BBC2 N IRELAND** **10.00** Pop Goes Northern Ireland **11.15** Live at the Apollo **11.45** Snooker: UK Championship **12.35** Snooker: UK Championship Extra **BBC2 SCOTLAND** **12.00** First Minister's Questions **7.30** Timeline **RTE1** **6.00** EuroNews **7.20** Teleshopping **7.55** Today with Maura and Dáithí **9.50** The Ellen DeGeneres Show **10.45** Shortland Street **11.15** Doctors **11.50** Leaders' Questions **12.45** Telly Bingo **1.00** News **1.30** Neighbours **2.00** The Shelbourne **2.30** Say Yes to the Dress **3.00** Fair City **3.30** Today with Maura and Dáithí **6.00** The Angelus **6.01** News **7.00** Lifeline: Call Back **7.30** EastEnders **8.00** Fair City **8.30** Ear to the Ground **9.00** News **9.35** Prime Time **10.15** Walking the Walk **11.15** Death and Nightingales **12.25** The Good Karma Hospital **1.25** The Vietnam War **2.30** Prime Time **3.05** Telly Bingo **3.15** Shortland Street **3.40** Dr Phil **4.25** Doctors **4.55** EuroNews **S4C** **6.00** Cyw **12.00** Newyddion S4C a'r Tywydd **12.05** Taith Fawr y Dyn Bach **12.30** Cefn Gwlad **1.30** Caru Casglu **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhwyn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Y Mynydd a Dyn **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** 04 Wai **6.30** Rownd a Rownd **7.00** Heno **7.30** Pobol y Cwm **8.00** Gwesty Aduniad **9.00** Newyddion 9 a'r Tywydd **9.30** Tair Dinas a Goncrodd y Byd **10.30** Hansh **11.00** Siwtio Geff

BBC2

6.30 The Best Christmas Food Ever (R) **7.15** Flog It! (R) **8.00** Sign Zone: MasterChef: The Professionals (R) **9.00** BBC News at 9 **10.00** Victoria Derbyshire. News and current affairs. **11.00** BBC Newsroom Live **12.15** Politics Live. Presented by Jo Coburn. **1.00** Live Snooker: UK Championship. Coverage of the ninth day at the Barbican Centre in York, featuring best-of-11-frame matches in the last 16 of the prestigious ranking tournament. Hazel Irvine presents. **2.45** Live Rugby Union: Varsity Men's Match. Oxford v Cambridge (Kick-off 3.00pm). John Inverdale presents coverage of the 135th staging of the annual fixture between the rivals, held at Twickenham. **5.00-6.00** Live Snooker: UK Championship. Day nine.

6.00 Richard Osman's House of Games With Kelly Cates, Tyger Drew-Honey and Desiree Burch.

6.30 Strictly: It Takes Two
Zoe Ball talks to more of the couples about their progress.

7.00 Live Snooker: UK Championship Further coverage of the ninth day at the Barbican Centre in York, featuring the concluding best-of-11-frame matches in the last 16 of the prestigious ranking tournament.

8.00 MasterChef: The Professionals In the last programme of knockout week, the second group work together to cook a fine dining menu at the Royal College of Physicians, then produce their showstopper dish.

9.00 Escape from Dubai: The Mystery of the Missing Princess The life of Princess Latifa of Dubai, who has not been seen since trying to escape to the US in February, mirroring her sister's disappearance 18 years earlier.

10.00 Live at the Apollo
Phil Wang comperes the comedy show at Hammersmith Apollo.

10.30 Newsnight
Analysis of the day's events, presented by Mark Urban.

11.15 Snooker: UK Championship Hazel Irvine presents action from this evening's last-16 matches on the ninth day of the tournament at the Barbican Centre in York.

12.05 Snooker: UK Championship Extra **2.05** Sign Zone: A Northern Soul. A warehouse worker who travels in a specially converted bus to teach hip-hop to children in Hull's poorest schools. (R) **3.20** Sign Zone: Inside the Foreign Office (R) **4.20-6.30** This Is BBC Two. Previews.

ITV

6.00 Good Morning Britain A lively mix of news and current affairs, plus health, entertainment and lifestyle features. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. A mix of celebrity chat, lifestyle features, advice and competitions. Presented by Phillip Schofield and Rochelle Humes. **12.30** Loose Women. The ladies put the world to rights once more. **1.30** ITV Lunchtime News **1.55** Local News **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. An organ and a mystery sculpture interest the dealers in Southport. **3.59** Local Weather **4.00** Tipping Point. Gameshow, presented by Ben Shephard. **5.00-6.00** The Chase

6.00 Local News, Weather
A round-up of stories making the headlines around your region.

6.30 ITV News, Weather
A round-up of the latest national and international headlines.

7.00 Emmerdale
Daz misreads a situation while Noah and Leanna team up.

7.30 Christmas Buyers Beware: Tonight Adam Shaw reveals the pitfalls of Christmas shopping.

8.00 Emmerdale
Doug offers an olive branch while Paddy makes a gesture.

PICK 8.30 Gino's Italian Coastal Escape A visit to the town of Cisternino. See *Ones To Watch*.

9.00 I'm a Celebrity... Get Me Out of Here! Declan Donnelly and Holly Willoughby host the celebrity survival challenge, which sees a group of famous faces living in the Australian jungle, struggling to complete the daily tasks and Bushtucker Trials. They may be on the home stretch, but the celebrities face yet more challenges in camp.

10.30 ITV News
A round-up of the latest national and international headlines.

11.00 Local News, Weather

11.20 The Late Debate

Simon Harris is joined by MPs for a discussion on the latest news and events at Westminster.

11.50 Heroes and Villains: Caught on Camera Following a great-grandad as he fights off armed intruders at his home. (R) **12.45** Jackpot247. Live interactive gaming. **3.00** Christmas Buyers Beware: Tonight (R) **3.25** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.30 3rd Rock from the Sun (R) **6.55** 3rd Rock from the Sun (R) **7.20** 3rd Rock from the Sun (R) **7.45** Everybody Loves Raymond (R) **8.10** Everybody Loves Raymond (R) **8.40** Frasier (R) **9.05** Frasier (R) **9.35** Frasier (R) **10.05** Ramsay's Kitchen Nightmares USA (R) **11.00** The Simpsons (R) **11.30** The Simpsons (R) **12.00** Channel 4 News Summary **12.05** A New Life in the Sun (R) **1.05** My Family Secrets Revealed. A woman learns the truth about her great-great-aunt. **2.10** Countdown. With Nicki Chapman in Dictionary Corner. **3.00** Fifteen to One. Quiz. **4.00** A Place in the Sun. A couple search for a holiday home in Portugal on a budget of £120,000. **5.00-6.00** Kirstie's Handmade Christmas. Four craft enthusiasts create Christmas stockings.

6.00 The Simpsons
Moe falls head over heels for a visiting Nigerian princess.

6.30 Hollyoaks
Nancy convinces Kyle to stay after he feels unwanted. (R)

7.00 Channel 4 News
A round-up of the latest national and international headlines.

7.55 The Political Slot

PICK 8.00 The Supervet At Christmas The team treat a crossbreed puppy in need of complex surgery, an eight-year-old Dalmatian with a damaged spine and a Labrador struggling to walk. See *Ones To Watch*.

9.00 The First
Laz attempts to sway an influential reporter who is critical of the Mars programme. Aiko and Eitan test a solution to the MAV problem. Tom is forced to reconsider his priorities.

10.00 Naked Attraction
Anna Richardson hosts as 22-year-old Sophie seeks a conversational man, while 25-year-old Dom is hoping to find a confident, daring and adventurous man. (R)

11.00 First Dates

An IT worker who has never had a relationship sits down for a meal with an executive assistant, while a football coach has a date with someone who is a bit of a party animal. (R)

12.00 Random Acts **12.30** Lego Masters (R) **1.25** Walks with My Dog (R) **2.20** The People's Vet (R) **3.15** Embarrassing Pets (R) **3.40** Big House, Little House (R) **4.35** Jamie's Cracking Christmas (R) **4.45** Jamie's Cracking Christmas (R) **4.55** Fifteen to One (R) **5.50-6.30** Countdown

Channel 5

6.00 Milkshake! **9.15** Jeremy Vine **11.15 FILM: Chasing Christmas** (2005) Fantasy comedy, with Tom Arnold. **12.45** Neighbours **1.20 FILM: Snowed Inn Christmas** (2017) Comedy romance about rival journalists who rediscover the magic of Christmas while stranded in a small Indiana town over the festive season. Bethany Joy Lenz stars. **3.00 FILM: Christmas with a Prince** (2018) Premiere. A specialist doctor is not happy when a handsome but self-absorbed prince is sent to her ward to recuperate from a skiing accident. Romantic drama, starring Kaitlyn Leeb. **4.45** News **5.00** Friends. Carol and Ross spice up their marriage. (R) **5.30-6.00** Friends. A gift lands Chandler in a spot of trouble. (R)

6.00 Neighbours
Elly surprises Mark as he is waiting for his test results. (R)

6.30 5 News Tonight
A round-up of the latest national and international headlines.

7.00 Esther Rantzen's House Trap Esther Rantzen reveals how many unscrupulous traders use a list that carries the personal details of people who may have fallen for a scam or even just answered a cold call.

8.00 Shop Smart, Save Money for Christmas Fiona Phillips and Gaby Roslin present shopping tips, as Alexis Conran uncovers the best value products on the market and Andy Webb helps shoppers improve their bills.

9.00 Oxford Street 24/7
The cast of West End musical Chicago pay a visit to Christy's hat shop and Benetton's staff work through the night to redress the shop floor and change the window display.

10.00 Stabbed in the Back: Murder of Sam Caulfield
The story of the stabbing of 20-year-old Sam Caulfield in Crawley, West Sussex, including contributions from his family on how their lives have changed.

11.05 Young, Dumb and Banged Up in the Sun A man posts pictures of his stab wounds on the internet after getting in a fight on a beach in Spain – which led to the police suspecting him of being a gang leader. (R)

12.00 SuperCasino **3.10** GPs: Behind Closed Doors. A patient is worried about some lumps he has on his groin and a woman has suspected gallstones. (R) **4.00** Get Your Tatts Out: Kavos Ink (R) **4.45** House Doctor (R) **5.10** Divine Designs (R) **5.35-6.00** Wildlife SOS (R)

OVER ON DIGITAL

5STAR

6.00 Teleshopping **8.00** Last Man Standing **8.25**
Dance Moms **10.05** Last Man Standing **11.05**
Two and a Half Men **12.00** Police Interceptors **1.00** Can't Pay? We'll Take It Away! **3.00** Neighbours **3.35** My Wife and Kids **5.35** Two and a Half Men **6.30** Neighbours **7.00** Riverdale **8.00** Can't Pay? We'll Take It Away! **9.00** Prison Life: Raw and Real **10.00** Empire **11.00** FILM: The Island (2005) Sci-fi thriller, with Ewan McGregor. **1.45** The Last Days of Patrick Swayze **2.45** Celebrity Botched Up Bodies **3.35** Last Man Standing

SUSA

6.00 Teleshopping, Home retail. **9.00** Access **9.05** Catch a Contractor **9.30** CSI: Miami **11.10**
Law & Order **1.10** CSI: NY **2.05** NCIS **3.05** Castle **4.05** Law & Order **6.00**
CSI: NY **7.00** NCIS. The investigators try to catch fugitive terrorist Harper Dearing. **8.00** NCIS **9.00** Law & Order: Criminal Intent **10.00** Law & Order: Special Victims Unit. A rape victim is arrested. **11.00** Law & Order: Special Victims Unit **11.55** The Detail **12.55** CSI: Crime Scene Investigation **1.55** CSI: NY **2.50** CSI: NY **3.50** Access **4.00** Teleshopping

ITV2

7.10 Ninja Warrior UK **8.00** Emmerdale **8.25**
Coronation Street **9.25** Ellen DeGeneres **10.20**
Planet's Got Talent **10.50** I'm a Celebrity... Get Me Out of Here! **12.15**
Emmerdale **12.45** Coronation Street **1.45** Ellen DeGeneres **2.40** Jeremy Kyle **6.00** I'm a Celebrity... Get Me Out of Here! **7.30** You've Been Framed! Gold at Christmas! **8.00** Two and a Half Men **9.00** Family Guy **10.30** I'm a Celebrity: Extra Camp **11.35** Family Guy **12.05** American Dad! **1.05** Bordertown **1.55** Two and a Half Men **2.20** Teleshopping

SKY ONE

6.00 Monkey Life **7.00** RSPCA Animal Rescue **8.00** Brit Cops: Rapid Response **9.00** Babylon 5 **10.00** Warehouse 13 **11.00** NCIS: Los Angeles **1.00** Hawaii Five-O **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** The Flash **9.00** A League of Their Own **10.00** The Russell Howard Hour **11.00** The Reluctant Landlord **11.30** An Idiot Abroad **3.12.30** A League of Their Own **1.30** Most Shocking **2.30** The Heist **3.35** Road Wars **4.05** Babylon 5 **5.00** Futurama. Cartoon capers.

SKY ATLANTIC

6.00 Storm City **7.00** The West Wing **9.00** House **11.00** Without a Trace **12.00** Blue Bloods **2.00**
The West Wing **4.00** House **6.00** CSI: Crime Scene Investigation **7.00**
Blue Bloods **9.00** Fortitude. New series. Oslo send two new officers to attempt to make some sense of the anarchy in Fortitude. See *Ones To Watch*. **10.00** Sally4Ever. Newly married Sally and Emma bump into the one and only Sean Bean **10.45** Kidding **11.55** My Brilliant Friend **2.10** Fortitude **3.10** Sally4Ever **3.55** Widows: Special **4.10** The West Wing

FILM4

11.00 The Spy Who Came in from the Cold (1965) Espionage thriller. **1.15** The Victors (1963) World War Two drama, starring George Peppard. **4.15** Twelve O'Clock High (1949) World War Two drama, starring Gregory Peck. **6.55** Risen (2016) Biblical drama, with Joseph Fiennes. **9.00** R.I.P.D (2013) Fantasy adventure, with Ryan Reynolds. See *Film Of The Day*. **10.55** X-Men: First Class (2011) Superhero adventure prequel, with James McAvoy. **1.30** The Fury (1978) Sci-fi horror, starring Kirk Douglas.

SKY WITNESS

6.00 Motorway Patrol **7.00** Border Security: America's Front Line **8.00** CSI: Crime Scene Investigation **9.00** Criminal Minds **10.00** Send in the Dogs **11.00**
Motorway Patrol **12.00** Highway Cops **1.00** Air Ambulance ER **2.00** Road Wars **3.00** Motorway Patrol **4.00** Nothing to Declare **5.00** Border Security: America's Front Line **7.00** Air Ambulance ER **8.00** Criminal Minds **10.00** Killer in My Village **11.00** Criminal Minds **12.00** Britain's Most Evil Killers **1.00** Fred and Rose: The Unanswered Questions

E4

6.00 Hollyoaks **7.00** Mike & Molly **8.00** Baby Daddy **9.00** Melissa & Joey **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Melissa & Joey **3.00** Baby Daddy **4.00** Brooklyn Nine-Nine **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Brooklyn Nine-Nine **8.00** The Big Bang Theory **8.30** Young Sheldon **9.00** Happy Together **9.30** New Girl **10.00** The Inbetweeners **11.05** The Big Bang Theory. Sitcom. **12.00** Naked Attraction **1.05** Gogglebox

CBS ACTION

6.00 Teleshopping **9.00** Diagnosis Murder **10.55** Bonanza **2.00** Walker, Texas Ranger **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** JAG. Mac infiltrates a coven of witches. **9.00** Diagnosis Murder **8.00** Walker, Texas Ranger. Walker goes undercover. **9.00** NCIS. Harper Dearing is hunted following the attack on the NCIS headquarters. **10.00** NCIS: Los Angeles. The team tries to find out why Hetty resigned. **11.00** NCIS **12.00** CSI: Miami **12.55** NCIS **1.50** JAG **2.50** MacGyver **3.45** Walker, Texas Ranger **4.30** Mission: Impossible

CBS REALITY

6.00 Teleshopping **9.00** Judge Judy **10.00** Bondi Rescue **11.00** 48 Hours: Mystery **12.00** Murder for Hire **1.00** Judge Judy **3.00** Bondi Rescue **4.00** 48 Hours: Mystery **5.00** Judge Judy **7.00** 48 Hours: Mystery. The case of a serial rapist in Colorado. **8.00** Medical Detectives **9.00** Dark Waters of Crime. Murders covered up by the use of water. **10.00** Homicide's Elite **11.00** Sins and Secrets **12.00** Catch My Killer **1.00** Dark Waters of Crime **2.00** Homicide's Elite **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy

ONES TO WATCH...

THURSDAY
6 DECEMBER



NEW SERIES

Fortitude

9pm, Sky Atlantic

Don't miss the final series of this hit Arctic chiller which airs its last four episodes, starting from tonight, on *Sky Atlantic*. Over the next four weeks, we'll be discovering how the remaining inhabitants of *Fortitude* are trying to survive as their fates are thrown to the freezing winds. In this picturesque polar landscape, the town that was once a tight-knit community is in massive disarray and this week's episode sees Oslo sending two new officers to the area to help try to make some sort of peace among the people. But it's not going to be as easy as they

think. Dan Anderssen, played by Richard Dormer, is also continuing on his downward journey into madness. As a result of this he then comes head to head with the grieving Michael Lennox (Dennis Quaid), which could result in some serious conflict. Can't wait another week to find out what happens next? The entire series is now available to watch on both Now TV and Sky Box Sets, so get ready for some binge viewing as all the questions we've been asking over the last three series comes to a climax in an explosive finale. ★★★★☆



Gino's Italian Coastal Escape

8.30pm, ITV

Gino's still exploring the stunning Adriatic Coast in his hit series and this week he's in the stunning town of Alberobello. He learns about the amazing cone-shaped trulli houses before getting a lesson in pasta making from a local Nonna. He then uses his new pasta skills to rustle up a delicious orecchiette cime di rapa — sounds delicious. ★★★★☆



The Supervet At Christmas

8pm, Channel 4

In this one-off Christmas special Noel Fitzpatrick is helping one-year-old rescue pup Tatina who was born with dislocated elbows and requires surgery to be able to walk again. He also looks after Dalmatian Peppa who needs surgery to correct a previous back operation — but it proves to be a life or death situation and Noel is seriously worried. ★★★★☆



R.I.P.D

9pm, Film4

Jeff Bridges stars as lawman Roy Pulsipher who works for the *R.I.P.D* — the police force whose job is to find monstrous spirits disguised as normal everyday people. Roy is joined by a new partner Nick Walker (Ryan Reynolds) and together they discover a plot that could result in the end of all human life. Can they find a way to stop it? ★★★★☆

BBC1

6.00 Breakfast **9.15** Defenders UK
10.00 Homes Under the Hammer (R)
11.00 A Matter of Life and Debt.
 A couple set up a health food shop in rural Wales. (R) **11.45** I'll Gotten Gains. A massive fraud investigation involving the Copp family **12.15**
Bargain Hunt **1.00** BBC News at One, Weather **1.30** Local News, Weather **1.45** Doctors. A fight between Izzy and Zara causes Daniel to suspect his daughter is keeping a secret. **2.15**
The Doctor Blake Mysteries **3.15** Escape to the Country (R) **3.45** The Best Christmas Food Ever. Festive treats, including slow-cooked duck and a duo of soups. **4.30** Flog It! From Barrow Hill Roundhouse in Derbyshire. **5.15-6.00** Pointless. Quiz show. (R)

6.00 BBC News at Six, Weather

Catch up with all the headlines from around the world.

6.30 Local News, Weather

Catch up with all the headlines from around your region.

7.00 The One Show

Stories about people in extraordinary circumstances.

7.30 A Question of Sport

Guests include Kevin Kilbane, Anyika Onuora and Kyle Evans.

8.00 EastEnders

Jean demands that Alfie opens up and tells Kat the truth.

8.30 Not Going Out

Comedy, starring Lee Mack and Sally Bretton. (R)

9.00 Have I Got News for You

Danny Dyer hosts the satirical current affairs quiz show.

9.30 Mrs Brown's Boys

Christmas Special Festive instalment of the comedy. (R)

10.00 BBC News at Ten

All the latest headlines.

10.25 Local News, Weather

10.35 The Graham Norton Show Actor Jackie Chan talks about his memoir Never Grow Up, while wrestler John Cena and top chef Jamie Oliver also join the host for a chat.

11.25 Enterprise

Kazim hopes to rekindle an old flame at his school reunion.

11.50 In My Skin

The coming-of-age story of 16-year-old Bethan Gwyndaf, a stranger to the truth.

12.20 FILM: Disconnect (2012)

Ensemble drama, starring Jason Bateman. **2.15-6.00** BBC News. Catch up with the latest headlines.

BBC2

6.30 The Best Christmas Food Ever (R) **7.15** Flog It! (R) **8.00** Sign Zone: Dynasties (R) **9.00** BBC News at 9 **10.00** Victoria Derbyshire. News and current affairs. **11.00** BBC Newsroom Live **12.15** Politics Live. Updates from Westminster. **1.00** Live Snooker: UK Championship. Coverage of the tenth day at the Barbican Centre in York, featuring the opening quarter-finals. Ryan Day and Shaun Murphy were both victorious at this stage last year, defeating Mark Joyce and Mark King respectively. Hazel Irvine presents, with commentary and analysis from Steve Davis, John Parrott, Ken Doherty, Stephen Hendry, Alan McManus and Dennis Taylor. **5.15-6.00** Put Your Money Where Your Mouth Is (R)

6.00 Strictly: It Takes Two

Zoe Ball analyses the couples' progress ahead of tomorrow night's Strictly Come Dancing show. Celebrity super fans are in the studio to discuss all things ballroom.

7.00 Live Snooker: UK Championship

Further coverage from the Barbican Centre in York, featuring the concluding quarter-finals of the prestigious ranking tournament, played over the best-of-11 frames.

8.00 Celebrity Antiques Road Trip

Anneka Rice and Liz Carr head out on a treasure-hunting quest in the Midlands, joined by expert assistants Philip Serrell and James Braxton, before going to auction in Greenwich.

9.00 Made in Great Britain

Steph McGovern leads the makers to Wensleydale in the Yorkshire Dales, an area that has become world famous for making the pale crumbly cheese adored by Wallace and Gromit.

10.00 The Mash Report

Nish Kumar presents the satirical take on the week's news.

10.30 Newsnight, Weather

Analysis of the day's national and international events.

11.05 Snooker: UK Championship

Hazel Irvine presents action from the quarter-finals on day ten at the Barbican Centre in York.

11.55 Roots

George, the son of Kizzy and slave owner Tom Lea, becomes involved in cockfighting. (R)

1.35 Sign Zone: Ripped Off? (R) 2.05

Imagine – George Benjamin: What Do You Want to Do When You Grow Up? (R) **3.30** Doctor Who (R) **4.20** This Is BBC Two

ITV

6.00 Good Morning Britain WWE wrestler and actor John Cena chats about his new film Bumblebee. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Eamonn Holmes and Ruth Langsford present a lively mix of celebrity chat, lifestyle features, advice and competitions. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV Lunchtime News **1.55** Local News **2.00** Judge Rinder. Real-life cases in a studio courtroom. **3.00** Dickinson's Real Deal. The team visits Hartlepool. **3.59** Local Weather **4.00** Tipping Point. Gameshow, hosted by Ben Shephard. Last in the series. **5.00-6.00** The Chase. Quiz show.

6.00 Local News, Weather

Catch up with all the headlines from around your region.

6.30 ITV News, Weather

Catch up with all the headlines from around the world.

7.00 Emmerdale

Ellis fails to impress while Marlon offers his own unique advice.

7.30 Coronation Street

Acrimony between Nick and Carla begins to affect business.

8.00 The Imitation Game

Highlights from the panel show, hosted by Alexander Armstrong.

8.30 Coronation Street

Sinead makes a disturbing discovery about Steff.

9.00 I'm a Celebrity... Get Me Out of Here!

Declan Donnelly and Holly Willoughby host the celebrity survival challenge, which sees a group of famous faces living in the Australian jungle, struggling to complete the daily tasks and Bushtucker Trials. They may be on the home stretch, but the celebrities face yet more challenges in camp.

10.30 ITV News, Weather

Catch up with all the headlines from around the world.

11.00 Local News, Weather**FILM 11.20 The Break-Up**

(2006) A thirtysomething couple's seemingly perfect relationship deteriorates. But once they decide to call it a day, another problem presents itself – neither is willing to give up their home. Comedy drama, Starring Jennifer Aniston.

1.10 Jackpot247 Live gaming. **3.00**

Cold Feet (R) **3.50-6.00** ITV Nightscreen

Channel 4

6.30 3rd Rock from the Sun (R) **6.55** 3rd Rock from the Sun (R) **7.20** 3rd Rock from the Sun (R) **7.45** Everybody Loves Raymond (R) **8.10** Everybody Loves Raymond (R) **8.40** Frasier (R) **9.05** Frasier (R) **9.35** Neighbours 1.15 FILM: Season's Greetings (2016) Comedy, with Laura Bell Bundy. **3.00** FILM: The Perfect Christmas Village (2018) Premiere. A woman, transported into her idea of the ideal Christmas village, learns that "perfection" is not always an ideal outcome. Fantasy, with Caitlin Thompson. **4.45** News 5.00 Friends. Chandler gives Joey career advice. (R) **5.30-6.00** Friends. Rachel longs for a date. (R)

6.00 The Simpsons

Chief Wiggum gets his hands on a military jet pack.

6.30 Hollyoaks

Grace wants to convince Misbah that her bad days are behind her.

7.00 Channel 4 News

Including sport and weather.

7.30 Unreported World

Sahar Zand travels to West Africa. Last in the series.

PICK 8.00 Jamie and Jimmy's Friday Night Feast

New series. Doctor Who star Jodie Whittaker joins Jamie Oliver and Jimmy Doherty on Southend Pier, helping prepare roast pork with crackling. See Ones To Watch.

9.00 Gogglebox

The armchair critics share their opinions on what they have been watching during the week. The programme captures their instant reactions and discussions from the comfort of their homes.

10.00 The Last Leg

Regulars Adam Hills, Josh Widdicombe and Alex Brooker are joined by comedian Joe Lycett for an offbeat review of the significant moments of the past seven days.

11.05 Ministry of Justice

Jolyon Rubinstein and Heydon Prowse take a sideways swipe at the world of crime and anti-social behaviour. In this episode, the Ministry tackles Britain's problem with weapons.

12.05 FILM: The Purge: Anarchy (2014)

Horror sequel, starring Frank Grillo. **1.50** The First (R) **2.40** On the Edge: A Mother's Love (R) **3.05** The Great Songwriters (R) **4.00** Big House, Little House (R) **4.55** Food Unwrapped (R) **5.25-6.15** Fifteen to One. Quiz. (R)

Channel 5

6.00 Milkshake! **9.15** Jeremy Vine **11.10** FILM: Switched at Christmas (2017) Polar-opposite twin sisters swap places in the run-up to Christmas and begin to appreciate their own lives. Festive drama, starring Candace Cameron Bure. **12.45** Neighbours 1.15 FILM: Season's Greetings (2016) Comedy, with Laura Bell Bundy. **3.00** FILM: The Perfect Christmas Village (2018) Premiere. A woman, transported into her idea of the ideal Christmas village, learns that "perfection" is not always an ideal outcome. Fantasy, with Caitlin Thompson. **4.45** News 5.00 Friends. Chandler gives Joey career advice. (R) **5.30-6.00** Friends. Rachel longs for a date. (R)

6.00 Neighbours

Gary tells Amy he no longer wants to sponge off her. (R)

6.30 5 News Tonight, Weather

Featuring the latest headlines.

7.00 The Gadget Show

Jon Bentley compares the iPad Pro with the latest tablets from Samsung and Microsoft. Plus, reviews of technology to help babies eat, sleep and play, and the new Farming Simulator.

PICK 8.00 Britain by Boat: 2 Grumpy Sailors

Michael Buerk and John Sergeant embark on the third leg of their sea voyage, which sees the pair sail around the Cornish coast, from Fowey to Newlyn. See Ones To Watch.

9.00 Portillo's Hidden History of Britain

Michael Portillo ends his journey at the popular seaside destination of Brighton, where he goes in search of the hidden history of this British coastal resort. Last in the series.

FILM 10.00 Run All Night

(2015) A hitman working for a longtime friend who has become head of a crime syndicate becomes disillusioned with his life and haunted by his past misdeeds. He is forced to turn against the syndicate and place himself in the firing line when he learns a hit has been ordered on his own estranged son. Action thriller, starring Liam Neeson and Ed Harris.

12.15 SuperCasino 3.10 FILM: Arthur 2: On the Rocks (1988) Comedy sequel,

starring Dudley Moore and Liza Minnelli, with a cameo appearance by John Gielgud. **5.00** Access 5.10 Divine Designs (R) **5.35-6.00** Wildlife SOS (R)

REGIONAL VARIATIONS:

WALES **8.00** Coast & Country **STV 8.00** This Is Me **11.20** STV News **11.20** The Sunday Mail Young Scot Awards **1.05** Safe House **UTV 8.00** UTV Life **11.20** The Imitation Game **11.50** FILM: The Break-Up (2006) **BBC1 N IRELAND** **7.30** The Horsey Set – at Down Royal **10.35** The Blame Game **11.05** The Graham Norton Show **11.55** Enterprise Snooker: UK Championship **12.25** Roots **BBC2 WALES** **7.00** Scrum V Live **RTE1** **6.00** EuroNews **7.25** Teleshopping **8.00** Today with Maura and Daithí **9.55** The Ellen DeGeneres Show **10.50** Dr Phil **11.45** Shortland Street **12.00** A Little Bit Country **12.15** Doctors **12.45** Telly Bingo **1.00** News **1.30** Neighbours **2.00** EastEnders **2.30** Say Yes to the Dress **3.00** Fair City **3.30** Today with Maura and Daithí **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** A Little Bit Showband **8.00** EastEnders **8.30** Neven's Kilkenny Christmas **9.00** News **9.35** The Late Late Show **11.45** News **11.55** FILM: Tin Cup (1996) **S4C** **6.00** Cyw **12.00** Newyddion S4C a'r Tywydd **12.05** Lle Aeth Pawb? **12.30** Gwesty Aduniad **1.30** Celwynn Noeth **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Pengelli **3.30** Prydaien Wyllt **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Natu Gwyllt Iolo **6.30** Garejis: Dan y Bonet **7.00** Heno **8.00** Pobol y Cwm **8.25** Bywyd Epir Chris **9.00** Newyddion 9 a'r Tywydd **9.30** Sioc Maggi Noggi **10.00** Aled Jones: Dychwelyd Adre **10.30** Dianc!

OVER ON DIGITAL

STAR

6.00 Teleshopping **8.00** Last Man Standing **8.25**
Dance Moms **10.05** Last Man Standing **11.05**
Two and a Half Men **12.00** Police Interceptors **1.00** Can't Pay? We'll Take It Away! **3.00** Neighbours **3.35** My Wife and Kids **5.35** Two and a Half Men **6.30** Neighbours **7.00** Riverdale **8.00** Can't Pay? We'll Take It Away!
9.00 FILM: White House Down (2013) Action thriller, with Channing Tatum. **11.40** FILM: Hummingbird (2013) Crime thriller, starring Jason Statham. **1.45** Young, Dumb and Banged Up in the Sun **2.45** Empire

5USA

6.00 Teleshopping **9.00** Access **9.05** Catch a Contractor **9.30** CSI: Miami **11.10** Law & Order **1.10** CSI: NY **2.05** NCIS **3.05** Castle **4.05** Law & Order **6.00** CSI: NY **7.00** NCIS. A bomb kills the Secretary of the US Navy. **8.00** NCIS. Tony travels to Tel Aviv to find Ziva. **9.00** The Detail **10.00** Law & Order: Special Victims Unit. The team hunts for a homicidal paedophile. **11.00** Law & Order: Special Victims Unit **11.55** Law & Order: Criminal Intent **12.55** CSI: NY **1.55** CSI: NY **2.50** CSI: NY **3.50** Access **4.00** Teleshopping

ITV2

6.50 You've Been Framed! Gold **7.10** Ninja Warrior UK **8.00** Emmerdale **8.55** You've Been Framed! Gold **9.25** Ellen DeGeneres **10.20** Planet's Got Talent **10.50** I'm a Celebrity... Get Me Out of Here! **12.15** Emmerdale **1.15** You've Been Framed Gold at Christmas! **1.45** Ellen DeGeneres **2.40** Jeremy Kyle **6.00** I'm a Celebrity... Get Me Out of Here! **7.30** You've Been Framed at Christmas! **8.00** Two and a Half Men **9.00** Family Guy **10.30** I'm a Celebrity: Extra Camp **11.35** Family Guy **12.05** American Dad!

SKY ONE

6.00 Monkey Life **7.00** RSPCA Animal Rescue **8.00** Brit Cops: Rapid Response **9.00** Babylon 5 **10.00** Warehouse 13 **11.00** NCIS: Los Angeles **1.00** Hawaii Five-O **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Modern Family **9.00** The Heist. See *Ones To Watch*. **10.10** The Late Late Show with James Corden: Best of the Week **11.10** Micky Flanagan Thinking Aloud **12.10** A League of Their Own **1.10** Brit Cops: Law & Disorder **2.05** Most Shocking **3.00** A League of Their Own

SKY ATLANTIC

6.00 Storm City **7.00** The West Wing **9.00** House **11.00** Without a Trace **12.00** Blue Bloods **2.00** The West Wing **4.00** House **6.00** CSI: Crime Scene Investigation **7.00** Blue Bloods. Danny and Baez encounter tension and resistance while investigating a bombing, and a man punches an officer who was overly aggressive when questioning him. **9.00** Game of Thrones: Biggest Shocks **12.15** Alan Partridge's Mid Morning Matters **1.15** Ballers **1.50** Entourage **3.00** Cold Case **4.00** The West Wing

FILM4

11.00 Gideon of Scotland Yard (1958) Police drama. **12.50** Siege of the Saxons (1963) Medieval adventure. **2.45** The Rare Breed (1966) Romantic comedy Western, starring Maureen O'Hara. **4.45** Holiday Inn (1942) Musical, starring Bing Crosby. **6.45** Super 8 (2011) Sci-fi thriller, starring Joel Courtney. **9.00** World War Z (2013) Zombie thriller, starring Brad Pitt. See *Film Of The Day*. **11.15** Dawn of the Planet of the Apes (2014) Sci-fi thriller sequel, starring Andy Serkis. **1.50** Silent House (2011) Horror.

SKY WITNESS

7.00 Border Security: America's Front Line **8.00** CSI: Crime Scene Investigation **9.00** Criminal Minds **10.00** Send in the Dogs **11.00** Motorway Patrol **12.00** Highway Cops **1.00** Air Ambulance ER **2.00** Road Wars **3.00** Motorway Patrol **4.00** Nothing to Declare **5.00** Border Security: America's Front Line **7.00** Air Ambulance ER **8.00** Criminal Minds **9.00** Murders That Shocked the Nation **10.00** Murder Uncovered **11.00** Criminal Minds **12.00** Britain's Most Evil Killers **1.00** Killer in My Village **2.00** Murder Uncovered

E4

6.00 Hollyoaks **7.00** Mike & Molly **8.00** Baby Daddy **9.00** Melissa & Joey **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Melissa & Joey **3.00** Baby Daddy **4.00** Brooklyn Nine-Nine **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Brooklyn Nine-Nine **8.00** The Big Bang Theory **9.00** FILM: Identity Thief (2013) Comedy. **11.15** The Big Bang Theory **12.05** Naked Attraction **1.10** Tattoo Fixers: Extreme **2.15** Gogglebox **3.10** Rude Tube

CBS ACTION

6.00 Teleshopping. Home retail. **9.00** Diagnosis Murder **10.55** Bonanza **2.00** Walker, Texas Ranger **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** JAG. Harm fights to save the remains of a submarine. **6.00** Diagnosis Murder **8.00** Walker, Texas Ranger. CD's niece is kidnapped. **9.00** NCIS. An NCIS armoury employee is found murdered. **10.00** NCIS: Los Angeles **11.00** NCIS. A naval cryptanalyst is shot dead in a park. **12.00** CSI: Miami **12.55** NCIS **1.50** JAG **2.50** MacGyver **3.45** Walker, Texas Ranger **4.35** Mission: Impossible

CBS REALITY

6.00 Teleshopping **9.00** Judge Judy **10.00** Bondi Rescue **11.00** 48 Hours: Mystery **12.00** Murder for Hire **1.00** Judge Judy **3.00** Bondi Rescue **4.00** 48 Hours: Mystery **5.00** Judge Judy **7.00** 48 Hours: Mystery **8.00** Medical Detectives **9.00** Dark Waters of Crime. Murders covered up by the use of water. **10.00** OAPs Who Kill. Following seniors who have committed murder. **11.00** Sins and Secrets **12.00** Catch My Killer **1.00** Dark Waters of Crime **2.00** OAPs Who Kill **3.00** Death Row Stories **3.50** Hoarders **4.40** Judge Judy

ONES TO WATCH...

FRIDAY
7 DECEMBER



NEW SERIES

Jamie and Jimmy's Friday Night Feast

8pm, Channel 4

The boys are back and bringing us a whole new show full of delicious recipes and celebrity pals. Jamie Oliver and Jimmy Doherty are back at their end-of-the-pier café where they show a celebrity pal how to cook their favourite dish for the waiting guests. To launch the first episode of the series they're joined by *Doctor Who* star Jodie Whittaker, who can't wait for her cooking lesson. The actress will be helping Jamie and Jimmy as they rustle up a packed menu of roast pork complete with the crispiest of crispy crackling. They'll then be creating an authentic Thai massaman

beef curry that Jodie confesses has been her dream food since she was 18. Away from the café, the boys are on the road again as they campaign for a healthier Britain by cutting down on white carbs and opting for healthy British brown carbs instead, can they persuade the public to make the change? Jimmy will also be showing off his DIY abilities as he builds a barbecue from an old oil drum, before rustling up a meal for a hungry team of female rugby players fresh off the pitch. Will they be impressed with his skills? ★★★★☆



The Heist

9pm, Sky One

There are only six thieves remaining and the chase is on. The detectives don't have much time left to catch them and are running out of evidence. Under pressure, they get Jessica and Laura in for questioning but will the pair crack? Dianne makes a daring move when she realises the detectives could be about to find her cash. ★★★★☆



Britain by Boat: 2 Grumpy Sailors

8pm, Channel 5

This week John Sergeant and Michael Buerk are in Cornwall, sailing from Fowey to Newlyn. The boys make a tense start when they argue over breakfast, so to make amends they head off on a fun kayaking adventure. They find themselves naturals at the skill so challenge another kayaker to a race. ★★★★☆



FILM OF THE DAY

World War Z

9pm, Film4

Brad Pitt stars in this zombie thriller as Gerry Lane. A former UN Investigator, he's panicked when the world erupts into chaos over a lethal virus that has spread after just one bite. He must find a cure but it's not going to be easy with the threat of mankind hanging in the balance. Can Gerry save his family and humanity? ★★★★☆

COMPETITION



WIN THE ULTIMATE CHRISTMAS EVE AT CHESSINGTON WORLD OF ADVENTURES RESORT

A family of four will win the ultimate Christmas Eve outing at Chessington World Of Adventures with a two-day ticket to Winter's Tail, a sleepover at the Chessington Safari Hotel and an elf-tastic VIP experience.

Winter's Tail is back at the Surrey attraction with the Gruffalo leading the festivities in a brand-new show, The Gruffalo Christmas Groove. This year sees more rides than ever

at Chessington, including The Gruffalo River Ride Adventure, Vampire and the Adventure Tree. You'll also get to meet the park's animals and visit Santa in his grotto.

For a truly festive magical evening, the resort will remain open until twilight. And afterwards you can snuggle up in your giraffe-themed room and wake up to a Christmas Eve like no other with Chessington's

Elf Yourself VIP experience, when you'll become an elf for the day and discover what it's really like to be Santa's little helper.

Even if you aren't our lucky winner, you could visit Chessington for Winter's Tail or stay over for a Father Christmas Sleepover on selected dates between now and January 2, 2019.

Call **0905 789 3525 (80ppm)*** or text **BIGPRIZE8** followed by your email

address, name and address to **84902 (£2)****. Or to enter via post send your name, address, phone number, email address, age and gender in a sealed envelope to **Chessington Christmas Competition, PO Box 12581, Sutton Coldfield B73 9BX**. One entry per letter. This competition closes at midnight on December 10, 2018 and three working days later for postal entries.

*Calls cost 80p per minute plus your telephone company's network access charge and last 2.5 minutes. **Texts cost £2 plus your usual network rate. Please ensure you provide your name, address and email details as incomplete entries may be charged but not entered. Entrants must be 18 or over. To see how your data is processed please refer to our Privacy Policy: <https://www.express.co.uk/privacy>. Winners will be selected at random from all valid entries. The Editor's decision is final. For full T&Cs, see www.express.co.uk/comprules. Express Newspapers/TM Magazines Ltd reserves the right to offer these promotions in its portfolio of titles. Prizes are subject to availability. Images are for representational use only. SP: Spoke - 0333 202 3390.

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Aquarius

Jan 21 – Feb 19

A variety of invitations will give you the chance to mix and mingle if that is what you want to do – or, you may choose not to. Much to the surprise of your friends, you might turn down a few offers. You are hoping to have a little time on your own in the run-up to Christmas. Working on a project that is dear to your heart will fuel your creative batteries and gives you the chance to reconnect with your spiritual side. Pay attention to what's in your dreams.

0905 789 3651



Pisces

Feb 20 – Mar 20

You are more sociable, conversational and relaxed these days. It's a great time to promote your creative work and natural talents. Making money from your skills is a distinct possibility. If you're shopping for Christmas gifts, you could find something that is practical for a Taurus friend and something very unusual for an Aquarian. Both items will delight the people you are buying for. Nothing gives you more pleasure than pleasing the people you love.

0905 789 3652



Aries

Mar 21 – Apr 20

You could learn something new through conversations and this will make you realise that some assumptions you had about someone are very wrong. You are starting to look at a number of areas of your life through new eyes. Continuing in a partnership or friendship that causes you nothing but stress will only hold you back. If you're trying to resolve relationship issues, don't be too surprised to find yourself in a somewhat serious frame of mind.

0905 789 3641



Taurus

Apr 21 – May 21

There's some mystery concerning a festive event or gathering. You're being given different information depending on who you are talking to. If this is something you are interested in, go straight to the person who is organising the event. That way, you won't miss out. You are ready for something different and feel the need to break free from routines you have been clinging to for too long. For once, a spontaneous change of plans will excite you. When an exciting opportunity arrives, go for it.

0905 789 3642



Gemini

May 22 – June 22

The more direct your communications, the less likely it is that there will be any misunderstandings or confusion. Be honest about what you want even if others resist your ideas. A middle ground can be found. Compromise and consensus are the key to successful relationships. Your positive, happy-go-lucky mood is infectious. Friends will take advantage of your high spirits and who can blame them? Don't be surprised when people flock to your side at a festive party.

0905 789 3643



Cancer

June 23 – July 23

An unexpected job offer or promotion will make your future more secure. People in power know that they can depend on you to do what it takes to get the job done. Take this opportunity to inspire a new team with good leadership. Accept festive invitations that might introduce you to career-minded people. This is an especially karmic time for you and if you find yourself in a position to do someone a favour, they will respond in kind.

0905 789 3644



Leo

July 24 – Aug 23

With less than a month to go before Christmas, fun and games will be at the top of your list of things to do. Ignore anyone who tells you to put exciting plans aside for the sake of duty. You have done your share of the work and it isn't fair for others to demand more. Now is the time to mix and mingle with friends, relatives and neighbours. A sociable person like you needs to be with interesting people. Single? Romance could spring up from an office party.

0905 789 3645



Virgo

Aug 24 – Sep 23



Libra

Sep 24 – Oct 23

Share your thoughts as you have some great ideas for some festive family fun. With you feeling so enthused and excited, you will put plans across in a way that makes everyone want to hear more. Trust your intuition. You will not be mistaken in thinking an older relative or young child's antics are a cry for help. They may be ill or worried about something but they don't really want to admit it. People are grateful for your sensitivity and will confide in you.

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Scorpio

Oct 24 – Nov 22

Your family means a lot to you and there may be a strong desire to keep close to home as December begins. Whether you want to shower your loved ones with love and affection or just spend time relaxing with them is immaterial. The important thing is to follow your heart. Something strange is going on in your social world and you suspect a friend is hiding something from you. You will not pry but you can't help but feel concerned for their wellbeing.

0905 789 3648



Sagittarius

Nov 23 – Dec 21

Relationships of all descriptions enhance your enjoyment of this month's festivities. Volunteering for a charity makes you feel you are doing something positive to help those who can't help themselves. Community events will put you in touch with people from all walks of life. Learning about a different culture's customs will help you achieve success. People are starting to see exactly what you are capable of and you could be asked to take the helm of a group effort.

0905 789 3649



Capricorn

Dec 22 – Jan 20

Expenses are creeping up at a worrying rate. With Christmas just around the corner, you should be sensible with your cash. Keep an account of everything you spend – from food to festive goodies – and your hard-earned money will go much further. A charismatic teacher or mentor that you respect could help change the way you look at life if you open your heart to their lessons. You will be especially drawn to a skilled executive who leads by example.

0905 789 3650

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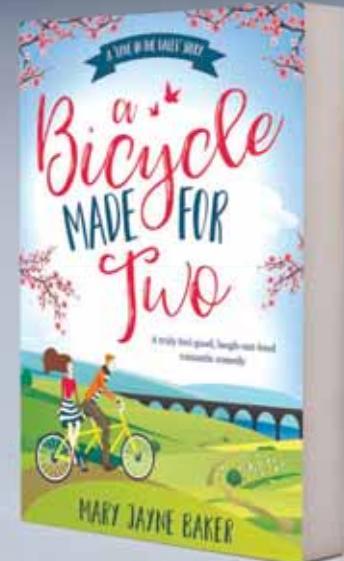
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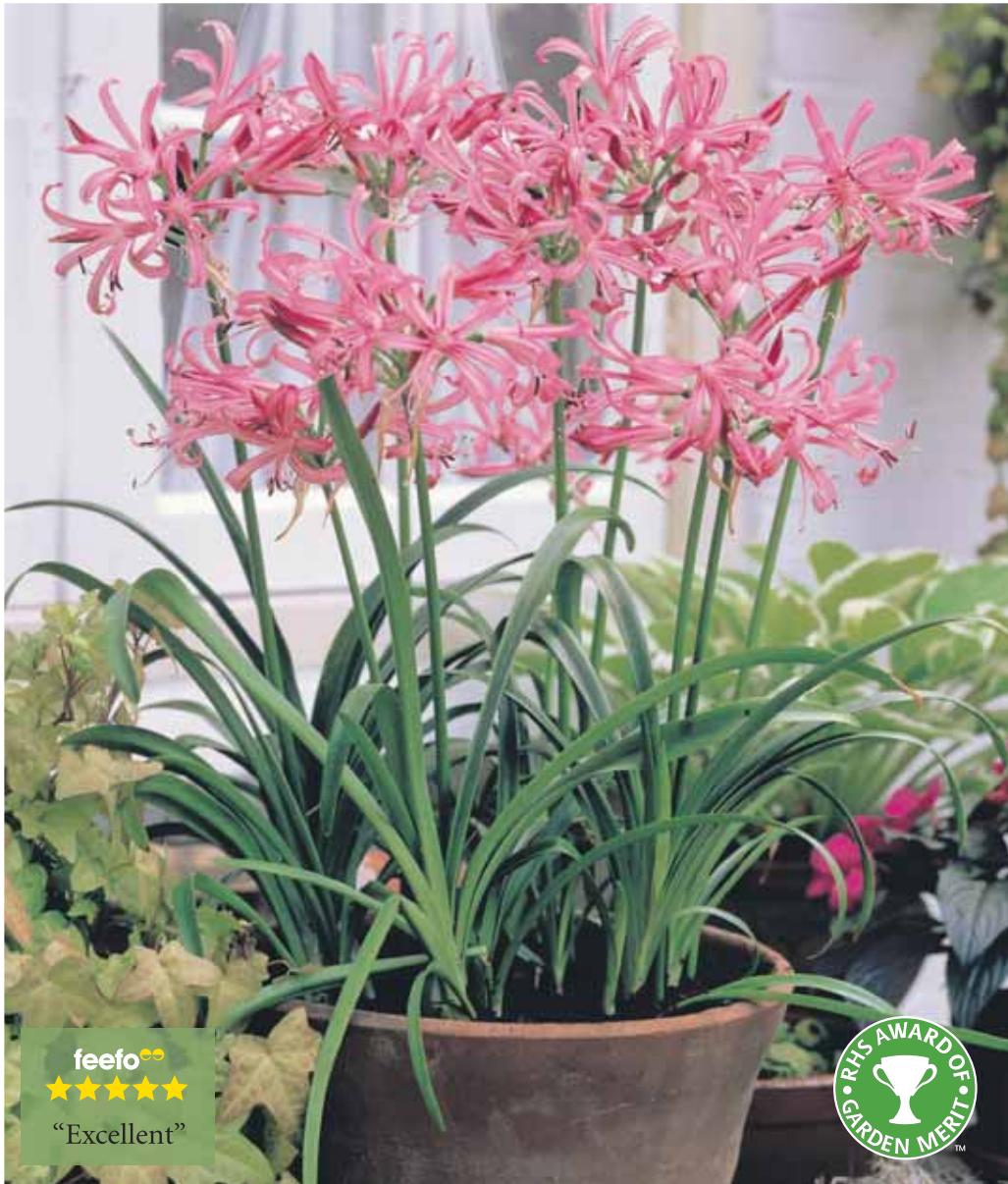
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